Save The Best For Last

級數: Phrased Beginner

編舞者: Val Saari (CAN) - September 2018

音樂: Save the Last Dance for Me - The Drifters

PHRASED SEQUENCE: AB, AB, BA, BB BBB

PART A (20 counts)

拍數: 36

S:1 TOE-STRUTS FORWARD X 4 (RLRL), SIDE MAMBO X 2 (RL), ROCKING CHAIR PIVOT 1/4 R

- 1&2& Touch RF toes forward, Drop heel, Touch LF toes forward, Drop heel
- 3&4& Touch RF toes forward, Drop heel, Touch LF toes forward, Drop heel
- 5&6 Rock RF right, Recover LF, Step RF beside L, hold
- 7&8 Rock LF left, Recover RF, Step LF beside R, hold
- 9&10& Rock RF forward, Recover Left, Rock RF back pivot 1/4 R, Recover Left

S:2 TOE-STRUTS FORWARD X 4 (RLRL), SIDE MAMBO X 2 (RL), ROCKING CHAIR PIVOT 1/4 R

- 1&2& Touch RF toes forward, Drop heel, Touch LF toes forward, Drop heel
- 3&4& Touch RF toes forward, Drop heel, Touch LF toes forward, Drop heel
- 5&6 Rock RF right, Recover LF, Step RF beside L, hold
- 7&8 Rock LF left, Recover RF, Step LF beside R, hold
- 9&10& Rock RF forward, Recover Left, Rock RF back pivot 1/4 R, Recover Left

PART B (16 counts)

- S:1 RUMBA BOX X 2 (FB)
- 1&2 Step RF to right side, Step LF beside RF, Step RF forward/hold
- 3&4 Step LF to left side, Step RF beside LF, Step LF back/hold
- 5&6 Step RF to right side, Step LF beside RF, Step RF back/hold
- 7&8 Step LF left, Step RF beside LF, Step LF forward/hold

S:2 SCISSOR STEPS FWD (RLR, LRL), STEP PIVOT 1/2 L, STEP PIVOT 1/4 L

- 1&2 RF Step R, LF Recover, RF crosses LF and Hold (push and cross)
- 3&4 LF Step L, RF Recover, LF crosses RF and Hold (push and cross)
- 5-6 Step RF forward, Pivot 1/2 turn left, hold (weight on LF)
- 7-8 Step RF forward, Pivot 1/4 turn left, hold (weight on LF)

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027





牆數:1