My World Is Empty Without U

COPPER KNOB

拍數: 32

牆數:4

級數: Beginner

編舞者: Val Saari (CAN) - September 2018

音樂: My World is Empty Without You - Diana Ross & the Supremes

VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS

- 1-2 Step RF to right side, Step LF behind R
- 3&4 Rock RF to right side, Recover LF, Cross RF over left
- 5-6 Step LF to left side, Step RF behind L
- 7&8 Rock LF to left side, Recover RF, Cross LF over right

SCISSORS FORWARD, RLR, LRL, STEP-PIVOT 1/4 L, KICK-BALL CHANGE

- 1&2 RF Step R, LF Recover, RF crosses LF and Hold (push and cross)
- 3&4 LF Step L, RF Recover, LF crosses RF and Hold (push and cross
- 5&6 Step RF Forward, pivot 1/4 L
- 7&8 Right kick-ball-change (weight on LF)

SHUFFLE BACK RLR, LRL, SIDE MAMBO R CHA CHA CHA

- 1&2 Shuffle back (Right-Left-Right)
- 3&4 Shuffle back (Left-Right-Left)
- 5-6 RF Rock side right, LF recover
- 7&8 RF close together beside L, Step LF in place, Step RF in place

L TOE-TOUCHES, REVERSE GRAPEVINE, RF ROCKING CHAIR

- 1-2 Tap LF toes to 11:00 twice
- 3&4 Cross-step LF behind R, Step RF right, Cross-step LF in front of R, hold
- 5-6 Rock RF forward, Recover Left
- 7-8 Rock RF back, Recover Left

REPEAT - No Tags, No Restarts

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