

Long Long Journey

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ping Chen (CN) & Queen (CN) - October 2018
音樂: Strolling Down the Path of Life (漫步人生路) - Teresa Teng (鄧麗君)



Intro: 36counts

[1-8] WALK, WALK, SWEEP, SWEEP, STEP, BACK, BACK, BACK COASTER,

1 2 Step R forward, Step L forward,
3 4 Sweep R from back to front, Sweep R from front to back and step back,
5 6 Step L back, Step R back,
7&8 Step L back, Step R next to L, Step L forward,

[9-16] SIDE, TOGETHER, SHUFFLE, SIDE, TOGETHER, SHUFFLE

1 2 Step R to R side, Step L next to R,
3&4 Step R forward, Step L next to R, Step R forward,
5 6 Step L to L side, Step R next to L ,
7&8 Step L forward, Step R next to L, Step L forward,

Note: Restart from the end of 16 counts when dance wall 4.

[17-24] 1/4 R JAZZ BOX, SIDE ROCK, CROSS SHUFFLE,

1 2 Cross R over L, Turn 1/4 R step L back, (3:00)
3 4 Step R to R, Cross L over R,
5 6 Rock R to R side, Recover to L,
7&8 Cross R over L, Step L to L, Cross R over L,

[25-32] SIDE, 1/4 R STEP FORWARD, FORWARD SHUFFLE, SIDE SHUFFLE, 1/4 R SHUFFLE

1 2 Step L to L, Turn 1/4 R step R forward, (6:00)
3&4 Step L forward, Step R next to L, Step L forward
5&6 Step R to R, Step L next to L, Step R to R,
7&8 Turn 1/4 R Step L to L side, Step R next to L, Step L to L side, (9:00)

Tag: At the end of wall 5 dance the Tag

[1-6] ROCKING CHAIR, SIDE ROCK

1234 Step R forward, Recover to L, Step R back, Recover to L,
5 6 Rock R to R side, Recover

REPEAT HAVE YOUR FUN!

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