Gentle Man



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Caroline Cooper (UK) - October 2018 音樂: Drew Baldrige – Gentle Man - 3.20



Intro: 16 Counts

SECTION 1: CROSS ROCK, RECOVER, SIDE CROSS RECOVER, BACK LOCK STEP, ½, STEP ½ PIVOT

1	Cross R over L	
	Closs R over L	_

2& Recover L, step R to R side

3-4 Rock L fwd, recover R (facing 1.30)

5&6 Step back L, lock R across L, step back L

7 ½ turn over R stepping fwd R 8& Step fwd L, pivot ½ turn R (1.30)

SECTION 2: STEP FWD, TRIPLE FULL, MAMBO ½, CROSS ROCK SIDE, CROSS ROCK

1 Step fwd L

2&3 Triple full turn over L shoulder RLR (still facing 1.30)

4&5 Rock fwd L, recover R, ½ turn L stepping fwd L (facing 7.30)

6&7 Cross rock R over L, recover turn 1/8th (straightening up 9.00) stepping R to R side

8& Cross rock L over R, recover R (prepare to turn ¼ L)

SECTION 3: 1/4 TURN STEP FWD, SIDE ROCK, RECOVER, SCISSOR STEP, 1/4, 1/2 ROCK &

1 ½ turn L stepping L fwd

2&3 Rock R to R side, (rolling hips clockwise) recover closing R next to L

4&5 Step L to L side, close R next to L, cross L over R

6&7 1/2 turn L stepping back R, 1/2 turn L, stepping fwd L, step fwd R

8& Rock L fwd, recover R

SECTION 4: POINT SIDE, SAILOR STEP, SAILOR ½ TURN, ¼ TURN SCISSOR STEP, ¼ ½ TURN

1 Point L to L side

2&3 Sweep L behind R, step R to R side, step L to L side

4&5
½ turn sweeping R behind L, step L to L side, step R to R side
6&7
¼ turn R stepping L to L side, close R next to L, cross L over R

8& ¼ turn stepping back R, ½ turn stepping forward L

During this dance there are 2 restarts

*1st after 8 counts during section 1 on wall 3, on the last & count touch R next to L and restart (6)

Thanks Emma Fox for music suggestion! x

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^{**2}nd after 4& counts during section 1 on wall 7, on the & count step L to L side to restart dance(9)