Nobody's Perfect

拍數: 32

級數: Intermediate

編舞者: Dee Musk (UK) & Esmeralda van de Pol (NL) - October 2018

音樂: Perfect - Alexandra Burke

Intro - 16 counts	
BASIC NIGHTCLUB R, ¼ TURN R, FULL CIRCULAR TRIPPLE TURN R, CROSS, ¼ TURN L, SWAY, CROSS	
1-2&	Step RF to R side, Step LF behind RF, Cross RF over LF
3	¼ turn R-Step L back 03.00
4&5	$\frac{1}{2}$ turn R-step RF fwd, Step LF slightly fwd, $\frac{1}{2}$ turn R-step RF fwd and sweep LF in front of RF 03.00
Note for the circular turn, this one is not on the spot	
6&	Cross LF over RF, ¼ turn L-step RF back 12.00
7-8&	Sway L, Sway R, Sway L
1	Cross RF over LF, sweep LF in front of RF in R diagonal 01.30
RUN FWD, PIVOT ½ TURN, CROSS, 1/8 TURN L LUNGE, FULL TURN L, BACK ROCK, RECOVER 2& Step LF fwd, Step RF fwd	
3-4	Step LF fwd, ½ turn R-weight on RF 07.30
&5	Cross LF over RF, Lunge to R side-weight on RF (turn back to 06.00) 06.00
6&7	Recover weight on LF with ¼ turn L-LF forward, ½ turn L-step RF back, ¼ turn L-step LF to L
001	side 06.00
8&	Rock RF behind LF, Recover weight on LF
***Restart here	e at wall 3
¼ TURN R SWEEP, CROSS, TAP, BACK, BEHIND, SIDE, CROSS, ¼ TURN L, ½ TURN L, FWD ROCK, ½ TURN R, FWD STEP WITH ¾ SPIRAL TURN R	
1	¹ / ₄ turn R- step RF fwd and sweep LF in front of RF 09.00
2&3	Cross LF over RF, Tap RF behind LF, Step RF back and sweep LF to back
4&5	Step LF behind RF, Step RF to R side, Cross LF over RF
6&	¼ turn L-step RF back, ½ turn L-step LF 12.00
7-8&	Rock RF fwd, Recover weight on LF, ½ turn R-step RF fwd 06.00
1	Step LF fwd make ¾ spiral turn R sweep RF to back 03.00
BACK ROCK, POINT, R COASTER STEP, STEP FWD, ½ TURN L, ¼ TURN L IN SIDE ROCK, RECOVER, CROSS	
2&3	Rock RF behind LF, Recover weight on LF, Point RF to R side
4&5	Step RF back, Step LF next to RF, Step RF fwd
6&7	Step LF fwd, 1/2 turn L step RF back, 1/4 turn L rock LF to L side 06.00
8&	Recover weight on RF, Cross LF over RF
Restart in the 3rd wall after 16& counts	
Contact: deedeemusk@gmail.com	
info@esmeralda-dancers.com	

info@esmeralda-dancers.com esmeraldamm@hotmail.com Last Update - 26th Oct. 2018



牆數:2