When I Grow Up to be A MAN...

級數: Easy Improver

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拍數: 32

音樂: When I Grow Up (To Be a Man) - The Beach Boys

MUSIC: When I Grow Up to Be a Man - The Beach Boys

S:1 SIDE TOE-STRUTS R, SCISSOR STEP, STEP-LOCK-STEP/BRUSH X 2 (LR)

- Touch RF toes to right side, Step RF heel down, Touch LF toes beside RF, Step LF heel 1&2& down
- 3&4 Rock RF right, Recover LF, Cross RF over L, hold
- Step LF forward, Lock RF behind L, Step LF forward, Brush RF forward 5&6&
- Step RF forward, Lock LF behind R, Step RF forward, Brush LF forward 7&8&

S:2 LF SCISSORS 1/4 PIVOT R, WEAVE R, SIDE MAMBOS (RL)

- 1&2 Rock LF forward Pivot 1/4 R, Recover RF, Cross LF over right, hold
- 3&4& Step RF to the right, Step LF behind R, Step RF to the right, Step LF across R
- 5&6 RF Rock side right, LF recover, RF close together beside L & hold
- LF Rock side left, RF recover, LF close together beside R & hold 7&8

S:3 TOE-STRUTS FORWARD (RL). SIDE MAMBOS (RL). STEP-PIVOT 1/4 L

- Touch RF toes forward, Drop heel, Touch LF toes forward, Drop heel 1&2&
- RF Rock side right, LF recover, Step RF beside Left 3&4
- 5&6 LF Rock side left, RF recover, Step LF beside Right
- Step RF forward, Pivot 1/4 turn left (weight on left) 7-8

S:4 TOE-STRUTS FORWARD (RL), SIDE MAMBOS (RL), STEP-PIVOT 1/4 L

- 1&2& Touch RF toes forward, Drop heel, Touch LF toes forward, Drop heel
- 3&4 RF Rock side right, LF recover, Step RF beside Left
- 5&6 LF Rock side left, RF recover, Step LF beside Right
- 7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

TAG After Wall 2: 12 Counts, facing 6:00

S:1 KICK-BALL CHANGE X 2 (RR), TOE STRUT V-STEP

- 1&2 Kick RF forward, Step RF together, Step LF together, hold
- 3&4 Kick RF forward, Step RF together, Step LF together, hold
- 5&6& Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00), Step heel down
- Touch RF toe behind to centre, Step heel down, Touch LF toe beside R, Step heel down 7&8&

S:2 SHUFFLE FORWARD/BRUSH X 2, (RLR, LRL)

- Step RF forward, Step LF beside R, Step RF forward, Brush LF forward 1&2
- 3&4 Step LF forward, Step RF beside L, Step LF Forward, Brush RF forward

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