Symphony



拍數: 128 編數: 2 級數: Phrased Advanced

編舞者: Hiroko Carlsson (AUS) - November 2018

音樂: Symphony (feat. Zara Larsson) - Clean Bandit : (iTunes)



(16 count intro)

Sequence: A B C D Tag (12:00)/ A B C D Tag (12:00) /A B D D 2xTag (12:00)

Part A: 32 counts

[SA1] Step-Hitch 1/4R, Cross Shuffle, Side-Together, Side Chasse

1 2 Step R forward, Hitch L and make a ¼ turn right on R foot

3&4 Cross L over R, Step R close to L, Cross L over R

5 6 Step R to side, Step L together

7&8 Step R to side, Step L close to L, Step R to side (3:00)

[SA2] Rock-Behind (Knee-Pop)-Recover, 1/4R Back, Side, Step-Pivot 1/2R, Shuffle Fwd

Rock/step L behind R with R knee pop, Recover weight on R
Make a ¼ turn right stepping back on L, Step R to side
Step L forward, Make a ½ turn right recover weight on R

7&8 Shuffle forward L-R-L (12:00)

[SA3] Step-Pivot 1/2L into Coaster Step, Fwd-Push Back, Sailor Step

1 2 Step R forward, Make a ½ turn left weight ends on R

3&4 Step L back, Step R next to L, Step L forward5 6 Hop/step R forward, Push/step back on L

7&8 Sweeping R around and step R behind L, Step L next to R, Step R forward (6:00)

[SA4] 1/4L-Point-Hold-1/4R-Side Rock, Cross, Point, Behind Rock-Point

&1 2 Make a ¼ turn left stepping L close to R (&), Point R to right side (1), Hold (2)

&3 4 Make a ¼ turn right stepping R close to L(&), Rock/step L to side, Recover weight on R

5 6 Cross L over R, Point R to right side

7&8& Rock/step R behind L, Recover weight on L, Point R to side weight on L (6:00)

Part B: 32 counts

[SB1] Fwd, Mambo Fwd, Mambo Back, Step-Pivot 1/4L, Cross-Side-Behind Rock

Step R forward, Rock/step L forward, Recover weight on R
Step L back, Rock/step R back, Recover weight on L
Step R forward, Make a ¼ turn left recover weight on L

7&8& Cross R over L, Step L to side, Rock/step R behind L, Recover weight on L (3:00)

[SB2] Side, Cross-Side, Touch-Unwind 1/2L, Side, Tap Behind, Kick-Ball-Cross

1 2& Step R to side, Cross L over R, Step R to side3 4 Touch L toe back, Unwind 1/2L on left foot

5 6 Step R to side, Tap L behind R

7&8 Kick L forward, Step L to side, Cross R over L (9:00)

[SB3] Side, Touch, R Roll, Touch, 1/4L, 1/2L

1 2 Step L to left, Touch R together weight on L

Make a ¼ turn right stepping forward on R, Make a ½ turn right stepping back on L

5 6 Make a ¼ turn right stepping R to side, Touch L together weight on R

7 8 Make a ¼ turn left stepping forward on L, Make a ½ turn left stepping back on R (12:00)

[SB4] Back, Drag, Ball-Walk-Walk, Anchor Step, Back Rock

1 2&	Big step back on L, Drag R towards L, Step R together	
3 4	Step L forward, Step R forward	
5&6	Step L forward hook R behind L, Step R back, Step L forward	
7 8	Rock/step R back, Recover weight on L (12:00)	
Part C: 32 cou		
	ep-Sweep, Cross, Side, Back Rock, Fwd-Sweep, Cross-Side, Back Rock	
1 2&	Make a ¼ turn right stepping forward on R and sweeping L around R, Cross L over R, Step R	
	to side	
3 4	Rock/step L back, Recover weight on R	
5 6&	Step L forward and sweeping L around R, Cross R over L, Step L to side	
7 8	Rock/step R back, Recover weight on L (3:00)	
ISC21 Sciesor	Cross, 1/4R Back, 1/4R Side Rock, 1/2L Side, 3/4L Fwd	
1 2&	Step R to right side, Hold, Step L next to R	
3 4	Cross R over L, Make a ¼ turn right stepping back on L (6:00)	
5 6	Make a ¼ turn right and rock R to side, Recover weight on L (9:00)	
78	Make a ½ turn left stepping R to side, Make a ¾ turn left stepping forward on L (6:00)	
7 0	wake a /2 turn left stepping it to side, wake a /4 turn left stepping forward on E (0.00)	
[SC3] Fwd-1/2L-Together, Fwd, Touch, Fwd-1/2R-Together, Fwd, Fwd		
1 2&	Step R forward, Make a ½ turn left, Step L together (12:00)	
3 4	Step R forward, Touch L next to R weight on R	
5 6&	Step L forward, Make a ½ turn right, Step R together	
7 8	Step L forward, Step R forward (6:00)	
[SC4] Step-1/4R Pivot, Cross, Hold, Syncopated Figure 8		
1 2	Step L forward, Make a ¼ turn right recover weight on R	
3 4	Cross L over R, Hold (9:00)	
5&6&	Step R to side, Step L behind R, Make a ¼ turn right stepping forward on R, Step L forward	
7&8&	Make a ¾ turn right recover weight on R, Step L to side, Step R behind L, Make a ¼ turn left	
	stepping forward on L (6:00)	
Part D: 32 cou	nto.	
	ck Turn 3/8L, Body Roll Fwd, Recover, Back, 1/2L Fwd-Fwd, Step-Pivot 1/2R-1/2R Back	
1 2	Step R to side, Make a 3/8 turn left recover weight on L (1:30)	
3 4&	Step R forward/ Body roll forward over 1and1/2 counts, Recover weight on L	
5 6&	Step R back, Make a ½ turn left stepping forward on L, Step R forward	
7 8&	Step L forward, Make a ½ turn right recover weight on R, Make a ½ turn right stepping back	
7 00	on L (7:30)	
[SD2] Back, Toe Fan (in-centre-out), Step-Lock-Step, Hold, Chase turn 1/2R, Run-Run		
1 2	Step R back, L toe fan in (on the spot)	
&3&	L toe to the centre (on the spot) (&), L toe fan out (on the spot) (&)	
4 5&	Step R forward, Lock/step L behind R, Step R forward	
6	Hold	
7&8&	Step L forward, Make a ½ turn right recover weight on R, Run forward L-R (1:30)	
	ot 1/2R, Body Roll Fwd, Recover-Back-1/2R-Fwd-Step-Pivot 1/2L	
1 2	Step L forward, Make a ½ turn right recover weight on R (7:30)	
3 4&	Step L forward/ Body roll forward over 1and1/2 counts, Recover weight on R	
5 6&	Step L back, Make a ½ turn right stepping forward on R, Step L forward (1:30)	
7 8&	Step R forward, Make a ½ turn left recover weight on L, Make a ½ turn left stepping back on	
	R (1:30)	
[SD4] Back, Toe Fan (in-centre-out), Step-Lock-Step, Hold, Side Rock Turn 1/8L		
1 2	Step L back, R toe fan in (on the spot)	
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&3&	R toe to the centre (on the spot) (&), R toe fan out (on the spot) (&)	
4 5&	Step L forward, Lock/step R behind L, Step L forward (1:30)	
6	Hold	
7 8	Step R to side, Make a 1/8 turn left recover weight on L (12:00)	
Tag: 8 counts : Fwd, Step-Pivot 1/2R, 1/2R Back, 1/2R Fwd, Step-Pivot 1/2R		
12	Step R forward, Step L forward	
&3&	Make a ½ turn right recover weight on R (&), Make a ½ turn right stepping back on L (&)	
4 5	Make a ½ turn right stepping forward on R, Step L forward	
&7 8	Make a ½ turn right recover weight on R (&), Hold (7), Hold(8)	
&	Step L together (12:00)	

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 2/Nov/18)