Out of Our Heads

級數: Novice

編舞者: Daan Geelen (NL) & Saku Tonteri (FIN) - November 2018

音樂: Out of Our Heads - Take That

Intro: 8 counts

Restart: Wall 6 after 16 counts.

拍數: 48

Section 1: Out Out with Hands, Step ¼ Turn With Hands, Recover ¼ Turn, ½ Turn, ½ Turn, Jump, Jump;

- 12 Step R to Rightside Push Hands up to Right, Step L to Leftside Push Hands up to Left.
- 34 Step R ¼ Turn Right to Rightside and look back (6 o'clock) Hands out, Recover to L ¼ Turn.
- Step R ¹/₂ Turn Left Back, Step L ¹/₂ Turn Left Fwd. 56
- Jump R Fwd Flick L Back, Jump L Fwd Flick R Back. 78

Section 2: Charleston, Pivot Turn, Full Turn;

- 12 Touch R Fwd, Step R Back.
- 34 Touch L Back, Step L Fwd.
- 56 Step R Fwd, 1/2 Turn Left Step L Fwd.
- 78 ¹/₂ Turn Left Step R Back, ¹/₂ Turn Left Step L Fwd (Facing 6 o'clock)

Section 3: Diagonal Side Close Chassé, Diagonal Side Close Chassé;

- Step R 1/8 Turn Left to Rightside (Facing 4.30 o'clock), Close L next to R. 12
- 3&4 Step R to Rightside, Close L next to R, Step R to Rightside.
- 56 Step L ¼ Turn Right to Leftside (Facing 7.30 o'clock), Close R next to L.
- 7 & 8 Step L to Leftside, Close R next to L, Step L to Leftside (square up to 6 o'clock).

Section 4: ¹/₄ Turn JazzBox x2:

- Cross R over L, Step L 1/4 Turn Right Back. 12
- 34 Step R to Rightside, Step L Fwd.
- 56 Cross R over L, Step L ¼ Turn Right Back.
- 78 Step R to Rightside, Step L Fwd.

Section 5: Kick, Kick, SailorStep, Kick, Kick, Sailorstep;

- 12 Kick R Diagonal Left Fwd, Kick R to Rightside.
- 3&4 Step R behind L, Close L next to R, Step R to Rightside.
- 56 Kick L Diagonal Right Fwd, Kick L to Leftside.
- 7 & 8 Step L behind R, Close R next to L, Step L to Leftside.

Section 6: Step Fwd Hold, Step Fwd Hold, MamboStep, ¼ Turn Step Back, Close, ¼ Turn Right Step Fwd;

- 12 Step R Diagonal Fwd Arms Out, Hold.
- 34 Step L Diagonal Fwd Arms Out, Hold.
- 5&6 Rock R Fwd, Recover to L, Step R Back.
- 7 & 8 Step L ¼ Turn Right Back, Close R next to L, Step L ¼ Turn Right Fwd.

Start again! Enjoy!

Contacts:daangeelen1969@gmail.com countryheelsntoes@phnet.fi





牆數:2