

Nice N EASY Does it

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Val Saari (CAN) - November 2018
音樂: Nice 'N' Easy - Frank Sinatra

級數: Absolute Beginner



POINT OUT-IN-OUT-IN X 2 (R,L)

- 1-2 Point RF to R side, Touch RF beside L
- 3-4 Point RF to R side, Step RF beside L
- 5-6 Point LF to L side, Touch LF beside R
- 7-8 Point LF to L side, Step LF beside R

HEEL SWITCHES X 2 (RL), TOE-STRUTS IN PLACE X 2 (RL)

- 1-2 Touch R Heel forward on floor, Step RF beside L
- 3-4 Touch L Heel forward on floor, Step LF beside R
- 5-6 Touch RF toes in place, Step RF heel down
- 7-8 Touch LF toes beside RF, Step LF heel down

VINE RIGHT PIVOT 1/4 R, KICK L, WALK BACK X 3, (L,R,L), TOUCH R

- 1-2 Step RF to right side, Step LF behind R
- 3-4 Step RF 1/4 pivot right, Kick LF forward
- 5-6 Step LF back, Step RF back
- 7-8 Step LF back, Touch RF beside L

SIDE TOGETHER TO THE RIGHT, TOUCH, SIDE TOGETHER TO THE LEFT, TOUCH

- 1-4 Step RF right, Step LF together, Step RF right, Touch LF beside R
- 5-8 Step LF left, Step RF together, Step LF left, Touch RF beside L

REPEAT - No Tags, No Restarts

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