Dip To The Bass

拍數: 32

級數: Intermediate

編舞者: Christopher Gonzalez (USA) & Rachael McEnaney (USA) - September 2018

音樂: Moves (feat. Snoop Dogg) - Olly Murs

Count In: 16 counts from start of track, begin on lyrics.

Count In: Notes: Restart the dance after 16 counts during walls 2 and 5 (stepping ball of L next to R on '&' to restart

[1-8] Walk R-L, R fwd, ¼ turn R with L ball rock, L cross, R side, L kick, syncopated step touch L&R

- 1 2 Step forward R (1), step forward L (2) 12.00
- 3 & 4 Step forward R (3), make ¼ turn right rocking ball of L to left side (&), recover weight R (4) 3.00
- 5 & 6 Cross L over R (5), step R to right side (&), kick L to left diagonal (6) 3.00
- & 7 & 8 Step L to left side (&), touch R next to L (7), step R to right side (&), touch L next to R (8) 3.00

[9 - 16] L ball, R cross, L side rock, L heel grind with $\frac{1}{4}$ turn left stepping back R, L coaster, $\frac{1}{4}$ L with 'C hip'

- & 1 Step in place on ball of L (&), cross R over L (1) 3.00
- 2 & 3 4 Rock L to left side (2), recover weight R (&), cross L heel over R (3), grind L heel into floor while making ¼ turn left stepping back R (4) 12.00
- 5 & 6 Step back L (5), step R next to L (&), step forward L (6) 12.00
- 7 & 8 Make ¼ turn left as you hitch right knee lifting R hip up (7), step R to right side (&), bend knees slightly bumping hips R (8) 9.00

Restart: During 2nd wall restart here (begin facing 9.00, restart facing 6.00). During 5th wall restart here (begin facing 12.00, restart facing 9.00)

Step ball of L next to R on '&' to start again with R foot.

[17 - 24] L diagonal shuffle, R skate, ¼ turn L, triple full turn fwd (R-L-R) 3 boogie walks L-R-L

- 1 & 2 Step L to left diagonal (1), step R next to L (&), step L to left diagonal (2) 9.00
- 3 4 Skate R to right diagonal (3), make ¼ turn left stepping forward L (4) 6.00
- 5 & 6 Make ½ turn left stepping back R (5), make ½ turn left stepping forward L (&), step forward R (6) 6.00
- 7 & 8 Small step forward L (7), small step forward R (&), small step forward L (8) (styling: bend knees slightly during these 3 steps sending hips left-right-left) 6.00

$\left[25-32\right]$ R fwd, L mambo, ¼ turn reverse chugs L, L ¼ sailor step

- 1 2&3 4 Step forward R (1), rock forward L (2), recover weight R (&), step back L (3), step back R (4) 6.00
- 5 6 Make ¼ turn left pushing L to left side (5), make ¼ turn left pushing L to left side (6), 12.00
- 7 & 8 Cross L behind R (7), make ¼ turn left stepping R next to L (&), step forward L (8) 9.00

Ending 9th wall is the final wall, you will begin the 9th wall facing 12.00 – for a nice finish don't turn the final sailor step – keep it to the front

START AGAIN - HAVE FUN

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牆數:4