

# A Better Man

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Kim Ray (UK) - December 2018  
音樂: Loving You Makes Me a Better Man - Hal Ketchum : (Album: Lucky Stars)



**Intro: 16 counts after beat kicks in (on vocals)**

**S1: STEP FORWARD TO RIGHT DIAGONAL, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT, PIVOT ½ TURN LEFT, ½ TURN LEFT BACK LOCK STEP**

- 1                      Step forward and to right diagonal (1:30)
- 2-3                   Cross rock left over right, recover back on right
- 4&5                   Step left to left side, step right next to left, ¼ turn left stepping forward on left (9:00)
- 6-7                   Step forward on right, ½ pivot turn left (3:00)
- 8&1                   ½ turn left stepping back on right, cross left over right, step back on right (9:00)

**S2: ¼ TURN LEFT STEP SIDE, POINT SIDE, ¼ TURN RIGHT, ROCK/RECOVER & 3/8 TURN STEP FORWARD, ROCK/RECOVER STEP BACK**

- 2-3                   ¼ turn left stepping left to left side, point right toe to right side (6:00)
- 4                      ¼ turn right stepping forward on right, (9:00)
- &5                      Rock forward on left, 3/8 turn right recovering on right (1:30)
- 6-7                   Step forward on left, step forward on right (1:30)
- 8&1                   Rock forward on left, recover back on right, step back on left sweeping right out and back (1:30)

**S3: BACK SWEEP X 2, COASTER STEP, PIVOT ½ TURN LEFT, REVERSE ½ TURN RIGHT, FULL TURN LEFT**

- 2-3                   Step back on right as you sweep left out and back, step back on left as you sweep right out and back
- 4&5                   Step back on right, step left next to right, step forward on right (1:30)
- 6-7                   ½ pivot turn left weight on left (7:30), reverse ½ turn right weight on right (1:30)
- 8&1                   ½ turn right stepping back on left, ½ turn right stepping forward on right, step forward on left (1:30)

**S4: ROCK/RECOVER, BACK LOCK STEP, TOE BACK, ½ TURN LEFT, ROCK/RECOVER**

- 2-3                   Rock forward on right, recover back on left
- 4&5                   Step back on right, cross left over right, step back on right
- 6-7                   Touch left toe back, ½ turn left taking weight on left (7:30)
- 8&                      Rock right forward to right diagonal, recover back on left

**TO FINISH: Dance finishes facing the front on count 5 of Section 4 dragging left to right.**

**Contact: (kim.ray1956@icloud.com)**