One More Time (Otra Vez)

級數: High Beginner

編舞者: Penny Tan (MY) - December 2018

音樂: One More Time (Otra Vez) (feat. Reik) - SUPER JUNIOR

Intro: 32 count	
SEC 1: BACK SAMBA R-L,BEHIND,1/4 TURN L STEP FWD,STEP FWD , HITCH,CROSS SHUFFLE ,HITCH	
1a2	Cross RF behind LF, step LF to L side, recover RF on R side
3a4	Cross LF behind RF, step RF to R side, recover LF on L side
5a6a	Step RF behind LF ,1/4 turn L step LF fwd, step RF fwd , LF hitch(a)
7a8a	Cross LF over RF,step RF to R , cross LF over RF , RF hitch(a)
SEC 2: CROSS SHUFFLE , HITCH,MAMBO FRONT,MAMBO BACK,SIDE ,RECOVER ,STEP	
1a2a	Cross RF over LF,step LF to L,cross RF over L , LF hitch (a)
3a4	Rock LF fwd, recover RF on R, step LF beside RF
5a6	Rock RF back ,recover LF on L ,step RF beside LF
7a8	Rock LF to L side, recover RF on R , step LF beside RF
*Restart : On Wall 4 (facing 9:00), dance until count 16 and Restart the dance(facing 6:00)	
SEC 3: CROSS SAMBA R-L , BACK SAMBA R-L	
1a2	Cross RF over LF , step LF to L side, recover RF on R side
3a4	Cross LF over RF , step RF to R side, recover LF on L side
5a6	Cross RF behind LF, step LF to L side, recover RF on R side
7a8	Cross LF behind RF, step RF to R side, recover LF on L side
SEC 4: 1/2 TURN R TRAVELLING VOLTA, KICK BALL, ROCK BACK, RECOVER, SIDE, RECOVER , TOUCH	
1a2a	Turn 1/8 R stepping RF forward , lock LF behind RF (a), turn 1/8 R stepping RF forward , lock LF behind RF (a)
3a4	Turn 1/8 R stepping RF forward , lock LF behind RF (a), turn 1/8 R stepping RF forward
5a6a	Kick LF fwd, step LF in place ,rock RF back ,recover LF on L
7a8	Rock RF to R , recover on LF on L, touch RF beside LF
Happy Dancing	

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拍數: 32

牆數:4