She Put A Spell On Me

級數: Phrased High Improver

編舞者: Lars Kuif (NL) - December 2018

音樂: She Put a Spell on Me - Marc & the Wild Ones

Info: Starts after 24 counts (app. 14 sec. in song)

Sequences: A-B-A-B-B-A-B-B-A-A

拍數: 48

Part A: 32 counts

A[1 – 8] Step-Lock-Step, Step L Fwd., Step R Fwd., ½ Swivel Turn L, R Shuffle Fwd., L Shuffle Fwd.	
1&2	Step R fwd. (1), lock L behind R (&), step R fwd. (2) [12.00]
&3,4	Step L fwd. (&), step R fwd. (3), swivel turn ½ L changing weight to LF (4) [06.00]
5&6	Step R fwd. (5), step L next to R (&), step R fwd. (6) [06.00]
7&8	Step L fwd. (7), step R next to L (&), step L fwd. (8) [06.00]
A[9 – 16] Heel Out-Heel Out-In-In, Step R back, Together, (Toe-Heel-Stomp) 2x	
1&2&	Step out on R heel (1), step out on L heel (&), step R in (2), step L in (&) [06.00]
3 – 4	Step R back (3), step L next to R (4) [06.00]
5&6	Touch R toe next to L (5), touch R heel next to L (&), stomp R across L (6) [06.00]
7&8	Touch L toe next to R (7), touch L heel next to R (&), stomp L across R (8) [06.00]
A[17 – 24] Step R Back, ¼ L, L Side, Cross Shuffle, Side Rock, Behind-Side-Cross	
1 – 2	Step R back (1), ¼ L stepping L to side (2) [03.00]
3&4	Step R across L (3), step L to side (&), step R across L (4) [03.00]
5 – 6	Rock L to side (5), recover to R (6) [03.00]
7&8	Step L behind R (7), step R to side (&), step L across R (8) [03.00]
A[25 – 32] Swivels, Hitch, L Side, Heel Jack, Cross, ¾ R With R Hitch	
1&	Step R next to L while toes are pointing to R daig. (1), swivel both heels R (&) [03.00]
2&	Swivel both toes R (2), swivel both heels R (&) [03.00]
3 – 4	Hitch L knee (3), step L to side (4) [03.00]
5&6&	Step R across L (5), step L slightly back and to side (&), touch R heel diag. fwd. (6), step R next to L (&) [03.00]
7 – 8	Step L across R (7), ¾ turn R while hitching R knee [12.00]
Part B: 16 counts	
B[33 – 40] (Step Fwd., Scuff) 2x, Shuffle Fwd., (Step Fwd., Scuff) 2x, Shuffle Fwd.	
1&2&	Step R fwd. (1), scuff L fwd. (&), step L fwd. (2), scuff R fwd. (&) [12.00]
3&4	Step R fwd. (3), step L next to R (&), step R fwd. (4) [12.00]
5&6&	Step L fwd. (5), scuff R fwd. (&), step R fwd. (6), scuff L fwd. (&) [12.00]
788	Step fwd (7) step R next to I (&) step fwd (8) [12,00]

7&8 Step L fwd. (7), step R next to L (&), step L fwd. (8) [12.00]

B[41 – 48] Mambo Fwd., Walk L-R-L Back, Coaster Step, Kick-Ball-Touch

- 1&2 Rock R fwd. (1), recover to L (&), step R back (2) [12.00]
- 3&4 Walk L back (3), walk R back (&), walk L back (4) [12.00]
- 5&6 Step R back (5), step L next to R (&), step R fwd. (6) [12.00]
- 7&8 Kick L fwd. (7), step L next to R (&), touch R toe next to L (8) [12.00]

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牆數:1