Ez Taps, I Promise!



拍數: 32 牆數: 4 級數: Beginner

編舞者: Rosie Multari (USA) - December 2018

音樂: Waiting for You - Taps



Music option: Promises by Calvin Harris ft Sam Smith, both available on amazon.com

*Floor Split for TAPS by Darren Bailey and MAKE NO PROMISES by José miguel Belloque Vane & Jef Campes

Start on vocals but if you do a floor split with Make No Promises, start after 32 counts of vocals.

[1-8] WALK 2, SIDE MAMBOS, ROCK FORWARD

1, 2 Step forward R (1), L (2)

3&4, 5&6 Rock R to right side (3), recover weight on L (&), step R next to L (4); Rock L to left Side (5),

recover weight on R (&), step L next to R (6)

7, 8 Rock forward on R (7), Recover weight to L (8)

[9-16] LOCK STEPS BACKWARD, ROCK BACK, 1/4 PIVOT LEFT

1&2, 3&4 R step back (1), L lock in front of R (&), R step back (2); L step back (3). R lock in front of L

(&), L step back (4)

~EZ Option: Shuffle back R,L,R and L,R,L

5, 6 Rock back on R (5), recover weight to L (6)

7, 8 Step forward R (7), ¼ turn to left, weight on L (8)

[17-24] STEP, TAP 2X, STEP BACK, TAP AND STEP BACKWARD 2X

1-4 Step forward on R (1), tap L forward (2), tap L to left side (3) step back on L (4)
5-8 Tap R to right side (5), step back on R (6), tap L to left side (7), step back on L (8)

[25-32] ROCK BACK, SHUFFLE FORWARD, ½ PIVOT RIGHT, SHUFFLE FORWARD

1, 2 Rock back on R (1), recover weight to L (2)

3&4 Step forward on R (3), step L to R (&), step forward on the R (4)

5, 6 Step forward L (5), 1/2 pivot turn to right, weight on R (6)

7&8 Step forward on L (7), step R to L (&), step forward on the L (8)

No Tags, No Restarts!

ENJOY!!!

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