All Ya Gotta Do Is Dance

級數: High Improver

編舞者: A.A.J.D (UK) - January 2019

音樂: All You Gotta Do Is Dance - Kelly Cobbett

Start on the word 'Dance'

拍數: 32

Side Strut, Cross Strut, Side Rock Cross, Side Strut, Cross Strut, Side Rock ¼ Cross.

- 1 & Touch right toe to right side, Step right heel down.
- 2 & Touch left toe across right, Step left heel down.
- 3 & 4 Rock right to right side, recover onto left, cross right over left.
- 5 & Touch left toe to left side, Step left heel down.
- 6 & Touch right toe across left, Step right heel down.
- 7 & 8 Rock left to left side, make 1/4 turn right recover onto right, Cross left over right.

Weave, Hold, Back Rock, Side Strut, Cross Strut, Side Rock ¼ Step.

- 1 & Step right to right side, Step left behind right.
- 2 & Step right to right side, Step left across right.
- 3 & 4 & Step right to right side, hold, rock back on left, Recover onto right.
- 5 & Touch left toe to left side, Step left heel down.
- 6 & Touch right toe across left, Step left heel down.
- 7 & 8 Rock left to left side, make 1/4 turn right recover onto right, Step forward left.

Right Lock, Step Pivot ½ Step, ½, Back, Coaster Cross.

- 1 & 2 Step forward right, lock left behind right, step forward right.
- 3 & 4 Step forward left, pivot ½ turn right, Step forward left.
- 5, 6 Make $\frac{1}{2}$ turn left stepping back right, Step back left.
- 7 & 8 Step back on right, Step left next to right, Step right across left.

(Non-turning option – Mambo, Back, Back)

Side, Together, ¼, Side, Together, Back, ½ Shuffle, Rocking Chair.

- 1 & 2 Step left to left side, Step right next to left, make ¼ turn left stepping forward left.
- 3 & 4 Step right to right side, Step left next to right, Step back on right.
- 5 & 6 Make ¹/₂ turn left stepping left right left.
- 7 & 8 & Rock forward on right, Recover onto left, rock back on right, Recover onto left.

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Track available on iTunes or email Kelly Cobbett to get your FREE copy of the track. kcobbett@icloud.com - Backing track and lyrics also available from Kelly.





牆數:4