Una Canzone



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Esmeralda van de Pol (NL) - January 2019

音樂: Per le strade una canzone (feat. Luis Fonsi) - Eros Ramazzotti



Intro 16 counts

SIDE, BACK ROCK, SIDE, BACK ROCK, BALL STEP 5/8 TURN R, LOCKSTEP FWD

1-2& Step RF to R side, Step LF behind RF, Cross RF over LF3-4& Step LF to L side, Step RF behind LF, Cross LF over RF

5&6&7 1/2 turn R-step RF fwd, Step ball of LF next to RF, 1/2 turn R-step RF fwd, Step ball of LF next

to RF, 1/8 turn R-step LF fwd

Step Step RF fwd, Step LF behind RF, Step LF fwd,

MAMBO STEP FWD, BACK, 1/8 TURN R, 1/8 TURN R, HIP PUSH 3/8 TURN L, CROSS ROCK

2&3 Rock RF fwd, Recover weight on LF, Step RF back

4&5 Step LF back, 1/8 turn R-step RF to R side, 11/8 turn R-step LF fwd

6&7& 1/4 turn L-push R hip to R side, Recover weight on LF, 1/8 turn L-push r hip to R side, Rec

weigh on LF

8& Rock RF across LF, Recover weight on LF

SIDE, BACK ROCK, SIDE, BACK ROCK, BALL STEP 5/8 TURN R, LOCKSTEP FWD

1-2& Step RF to R side, Step LF behind RF, Cross RF over LF3-4& Step LF to L side, Step RF behind LF, Cross LF over RF

5&6&7 1/4 turn R-step RF fwd, Step ball of LF next to RF, 1/4 turn R-step RF fwd, Step ball of LF next

to RF, 1/4turn R-step LF fwd

Step Step RF fwd, Step LF behind RF, Step LF fwd,

MAMBO FWD, BACK, ½ TURN R, FWD, SIDE ROCK, CROSS SHUFFLE, SIDE

2&3 Rock RF fwd, Recover weight on LF, Step RF back 4&5 Step LF back, ½ turn R-step R fwd, Step LF fwd

6& Rock RF to R side, Recover weight on LF

7&8& Cross RF over LF, Step LF to L side, Cross RF over LF, Step LF to L side

***TAG-RESTART WALL 3

CROSS, BACK, BACK, CROSS, BACK, SIDE CROSS, SIDE ROCK CROSS, ¼ TURN L LOCKSTEP BACK

1-2& Cross RF over LF, Step LF back, Step RF slightly R back

3-4&5 Cross LF over RF, Step RF back, Step LF to L side, Cross RF over LF

6&7 Rock LF to L side, Recover weight on RF, Cross LF over RF

&8& 1/4 turn L in back lockstep, 1/8 turn L step RF back, Step LF across RF, 1/8 turn L-step RF

back

1/4 TURN L, BACK, SIDE ROCK, COASTER STEP, STEP 3/4 TURN L, BEHIND SIDE CROSS

1 ½ turn L-step LF to L side

2&3 Step RF behind LF, Rock LF to L side, Recover weight on RF

4&5 Step LF back, Step RF next to LF, Step LF fwd

Step RF fwd, ¾ turn L-weight on LF, Step RF to R side

Step LF behind RF, Step RF to R side, Step LF across RF

*** RESTART wall 2

SIDE, SAILOR 1/8 TURN R, WALK BACK, 1/4 TURN R, CROSS, 1/4 TURN L, 1/8 TURN L, BEHIND SIDE CROSS

1 Step RF to R side

2&3	Step LF behind RF,1/8 turn R-step RF to R side, Step LF to L side
4&5	Step RF back, Step LF back, 1/4 turn L-step RF to R side
6&7	Cross LF over RF, 1/4 turn L-step RF back, 1/8 turn L-step LF to L side
8&1	Step RF behind LF, Step LF to L side, Step RF across LF

SIDE ROCK CROSS, SIDE ROCK, FWD, STEP 1/2 TURN R, 1/2 TURN R, BACK ROCK

2&3 Rock LF to L side, Recover weight on RF, Step LF across RF
4&5 Rock RF to R side, Recover weight on LF, Step RF fwd
6&7 Step LF fwd, ½ turn R-weight on RF, ½ turn R-step LF back

8& Rock RF back, Recover weight on LF.

Restart wall 2 after 48 counts

Restart Tag in wall 3

Replace count &8& from section 4 in:

&8& Step LF to L side, Step RF behind LF, ¼ turn L-step LF fwd (now you can restart the dance)

Dance With Esmeralda

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Last Update – 7th Feb. 2019