Don't Mind If I Do

拍數: 32

級數: Low Intermediate

編舞者: Michael Barr (USA) - October 2017

音樂: Don't Mind If I Do - Scooter Lee

STEP BRUSH, STEP BRUSH, JAZZ BOX

- 1-2 Step R forward (1); Brush L forward in front of R (2)
- 3-4 Step L forward (3); Brush R forward in front of L (4)
- Cross R over L (5); Step L back (6) 5-6
- 7-8 Step R to right (7); Step L forward (8) (12:00)

FORWARD ROCK, RECOVER, ½ TURN RIGHT, 1/4 TURN RIGHT, WEAVE LEFT

- 1-2 Rock R forward (1); Recover onto L (2)
- 3-4 Turn ¹/₂ right stepping R forward (3); Turn 1/4 right stepping L to left (4) (9:00)
- 5-6 Step R behind L (5); Step L to left (6)
- 7-8 Cross R over L (7); Step L to left (8) (9:00)

4 SWAYS WITH HOLDS - R,L,R,L

- 1-2 Small step R to right swaying body to the right (1); Hold (2)
- 3-4 Sway body to the left (3); Hold (4)
- 5-6 Sway body to the right (5); Hold (6)
- 7-8 Sway body to the left (7); Hold (8) (9:00)

Styling: As you sway right allow the L foot to drag towards the R opening the hips slightly to the right and then repeat the same to the left, right, left to finish the 8 counts.

5-8 Alternative: For a harder variation on the last 4 counts (after just two sways), try doing a full turn

walk around to the right, leading into the weave going right in the next set of 8.

WEAVE RIGHT, SIDE ROCK, RETURN 1/4 LEFT, STEP FORWARD, 1/4 TURN LEFT

- 1-2 Step R to right (1); Cross L over R (2)
- 3-4 Step R to right (3); Step L behind R (4)
- 5-6 Rock R to right (5); Recover onto L turning 1/4 left (6) (6:00)
- 7-8 Step R forward (step on ball of foot) (7); Turn 1/4 left stepping L forward (8) (3:00)

Begin again.

Submitted by Jean Loafman - jeanloafman@gmail.com





牆數: 4