Sheila's Dance (aka Down to the Honky Tonk)

拍數: 32

級數: Beginner

編舞者: GYTAL (USA) - February 2019

音樂: Down to the Honkytonk - Jake Owen

牆數: 2

NO Tags or Restarts

Make an X

- 1-2 Step R diagonally Forward (1: 30) clap
- 3-4 Step L diagonally back (7:30) clap
- 5-6 Step R diagonally Back (4:30) clap
- 7-8 Step L diagonally Forward (10:30) clap

R Vine 1/4 Turn R, Step back 3X scuff

- 9-12 Step R to R, step L behind R, Step E 1/4 turn to R, Scuff L
- 13-16 Step back L,R,L Scuff R

Rocking Chair, paddle 1/2 to L

- 17-20 Rock forward on R, Recover back on L, Rock Back on R, recover forward on L
- 21-24 Weight on L, touch R toe to R side turn 1/4 L, keeping weight on L, Touch R toe to R,turn 1/4 L

Rocking Chair, Paddle 1/8 to L, Paddle 1/8 to L, (1/4 turn)

25-28 Rock forward on R, Recover back on L, Rock Back on R, recover forward on
29-32 Weight on L, touch R toe to R side turn 1/8 L, keeping weight on L, Touch R toe to R,turn 1/8 L (1/4 turn total)

Repeat Smile have fun!!

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