

# Alone

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver / Intermediate  
編舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - February 2019  
音樂: Alone (나혼자) - SISTAR (씨스타)



**Intro: 32 counts (approx. 16secs); No Tags, No Restarts!**

**S1: Walk Forward (R-L), Rock Forward/Recover, Ball Cross, Side, 1/4 L, Sweep.**

1-2-3-4      Walk forward on (R-L), Rock forward on R, Recover on L.  
&5-6      Step back on ball of R, Cross L over R, Step R to right side.  
7-8      1/4 turn L keeping weight on R, Sweeping L from front to back (9:00).

**S2: Sailor Step, Cross, Point, Kick-Together-Touch, Back, Rock Back/Recover**

1&2      Step L behind R, Step R to right side, Step L to left side.  
3-4      Cross R over L, Point L to left side.  
5&6&      Kick forward on L, Step L next to R, Touch R toe beside L, Step back on R.  
7-8      Rock back on L, Recover on R.

**S3: Forward Shuffle, Forward, Pivot 1/2Turn L, Forward Shuffle, Scissor Step.**

1&2-3-4      Shuffle forward stepping L-R-L, Step forward on R, Pivot 1/2turn L (3:00).  
5&6-7&8      Shuffle forward stepping R-L-R, Step L to left side, Step R beside L, Step L across R.

**S4: Side, Touch, Side, Touch, Hip Bumps, Back, Coaster Step.**

1-2-3-4      Step R to right side, Touch L beside R, Step L to left side, Touch R beside L.  
&5-6      Bump right hip forward & back while keeping weight on L, Step back on R.  
7&8      Step back on L, Step R next to L, Step forward on L.

**S5: Rocking Chair, Touch (out- In), Side, Drag, Hitch.**

1-2-3-4      Rock forward on R, Recover on L, Rock back on R, Recover on L.  
5&6      Touch R to right side, Touch R beside L, Big step R to right side.  
7-8      Drag L towards R, Hitch L knee across R.

**S6: Rocking Chair, Touch (out- In), Side, Drag, Hitch.**

1-2-3-4      Rock forward on L, Recover on R, Rock back on L, Recover on R.  
5&6      Touch L to left side, Touch L beside R, Big step L to left side.  
7-8      Drag R towards L, Hitch R knee across L.

**S7: Cross, Point, Crossing Samba, Back, Point, Back, Point.**

1-2-3&4      Cross R over L, Point L to left side, Cross L over R, Step R to right side, Recover on L.  
5-6-7-8      Step Back on R, Point L to left side, Step Back on L, Point R to right side.

**S8: Paddle 1/4Turn L 2X, Jazz Box.**

1-2-3-4      Touch R forward, 1/4turn L with hip rolling (12:00), Touch R forward, 1/4turn L with hip rolling (9:00).  
5-6-7-8      Cross R over L, step back on L, step R to R side, step forward on L.

**Enjoy Dancing Always~!!!**

**Contact: <http://cafe.daum.net/allthatlinedance>**

**Eun Mi: [angel4740@hanmail.net](mailto:angel4740@hanmail.net) - Eun Ah: [a52058770@gmail.com](mailto:a52058770@gmail.com)**