Youngblood



拍數: 80 牆數: 1 級數: Phrased Intermediate

編舞者: Michel Cabana (CAN) - February 2019 音樂: Youngblood - 5 Seconds of Summer



Sequence: AABC AACB BCB ENDING

NO INTRO.....starts on lyrics

PART A (32 counts)

CROSS OVER, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS OVER, SIDE, SWEEP

1-4 Cross right over left, step left to the left, cross right behind left, sweep left towards the back 5-8 Cross left behind right, step right to the right, cross left over right, sweep right towards the

front

JAZZ BOX WITH 1/4 TURN RIGHT, JAZZ BOX WITH 1/4 TURN RIGHT

1-4 Cross right over left, pivot ¼ turn right as you step back on the left, step right to the right, step

forward on the left

5-8 Cross right over left, pivot ¼ turn right as you step back on the left, step right to the right, step

forward on the left

CROSS OVER, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS OVER, SIDE, SWEEP

1-4 Cross right over left, step left to the left, cross right behind left, sweep left towards the back
5-8 Cross left behind right, step right to the right, cross left over right, sweep right towards the

front

JAZZ BOX STEPPING FORWARD, 1/4 TURN LEFT, 1/4 LEFT

1-4 Cross right over left, step back on the left, step right to the right, step forward on the left
5-8 Step forward on the right, pivot ½ turn left as you sway your hips around, Step forward on the

right, pivot 1/4 turn left as you sway your hips around

PART B (16 counts)

PADDLE TURNS, ROCK & BACK, WALK BACK TWICE, COASTER STEP

1-2 Pivot ¼ turn left as you touch right to the right, pivot ¼ turn left as you touch right to the right

Rock forward on the right, recover on the left, step back on the right

5-6 Step back on the left, step back on the right

7&8 Step back on the left, step right beside left, step forward on the left

PADDLE TURNS, ROCK & BACK, WALK BACK TWICE, COASTER STEP

1-2 Pivot ¼ turn left as you touch right to the right, pivot ¼ turn left as you touch right to the right

3&4 Rock forward on the right, recover on the left, step back on the right

5-6 Step back on the left, step back on the right

7&8 Step back on the left, step right beside left, step forward on the left

PART C (64 COUNTS)

KICK BALL TOUCH, KICK BALL TOUCH, SAILOR STEP, COASTER STEP

1&2	Kick right forward, step right beside left, touch left to the left
3&4	Kick left forward, step left beside right, touch right to the right
5&6	Cross right behind left, step left beside right, step right to the right
7&8	Step left back, step right beside left, step forward on the left

FORWAD LOCK STEP, FORWARD LOCK STEP, MILITARY TURN, WALK, WALK

1&2	Step forward on the right, cross left behind right, step forward on the right
3&4	Step forward on the left, cross right behind left, step forward on the left

5-6 7-8	Step forward on the right, pivot $\frac{1}{2}$ turn left as you transfer the weight to the left Step forward on the right, step forward on the left			
ROCK & CROSS, ROCK & CROSS, MAMBO FORWARD, COASTER STEP				
1&2	Rock right to the right, recover on the left, cross right over left			
3&4	Rock left to the left, recover on the right, cross left over right			

Rock forward on the right, recover on the left, step back on the right

Step back on the left, step right beside left, step forward on the left

1/4 TURN LEFT, 1/4 TURN LEFT, 1/4 TURN LEFT

1-2	Step forward on the right, pivot 1/4 turn left as you sway hips around
3-4	Step forward on the right, pivot 1/4 turn left as you sway hips around
5-6	Step forward on the right, pivot 1/4 turn left as you sway hips around
7-8	Step forward on the right, pivot ¼ turn left as you sway hips around

REPEAT THE SAME 32 COUNTS TO MAKE IT A TOTAL OF 64 COUNTS

ENDING which is part of C

KICK BALL TOUCH, KICK BALL TOUCH, SAILOR STEP, COASTER STEP		
1	&2	Kick right forward, step right beside left, touch left to the left
3	&4	Kick left forward, step left beside right, touch right to the right
5	&6	Cross right behind left, step left beside right, step right to the right
7	&8	Step left back, step right beside left, step forward on the left

FORWAD LOCK STEP, FORWARD LOCK STEP, MILITARY TURN, WALK, STEP, ½ TURN

1&2	Step forward on the right, cross left behind right, step forward on the right	
3&4	Step forward on the left, cross right behind left, step forward on the left	
5-6	Step forward on the right, pivot ½ turn left as you transfer the weight to the left	
7-8	Step forward on the left, pivot ½ turn right	

HAVE FUN

5&6

7&8

Sequence looks complicated but it really isn't

Last Update – 26 Feb. 2019