

Cold Light Of Day

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jamie Barnfield (UK) - February 2019
音樂: In the Cold Light of Day - Paul Carrack : (Album: These Days - iTunes & Amazon)



Alt Music: Why Can't I Change By The Passengers (Album - Runaway 3:11)
Intro: 16 counts (No Tags or Re-starts!)

S1: STEP, HOLD, SIDE, TOGETHER, BACK, HOLD, SIDE, TOGETHER

- 1-2 Step forward on right, Hold
- 3-4 Step left to left side, Close right next to left
- 5-6 Step back on left, Hold
- 7-8 Step right to right side, Close left next to right

S2: SIDE, HOLD, ROCK, RECOVER, SWAY L-R-L-R

- 1-2 Step right to right side, Hold
- 3-4 Rock left behind right, Recover on right
- 5-8 Small step left to left side swaying hips left, right, left, right (weight on right)

S3: BEHIND, SWEEP, BEHIND, SIDE, CROSS, HOLD, ROCK, ¼

- 1-2 Step left behind right, Sweep right from front to back
- 3-4 Cross right behind left, Step left to left side
- 5-6 Cross right over left, Hold
- 7-8 Rock left to left side, Recover on right turning ¼ right [3:00]

S4: STEP, HOLD, ½, ½, ROCKING CHAIR

- 1-2 Step forward on left, Hold
- 3-4 Turn ½ left stepping back on right, Turn ½ left stepping forward on left [3:00]

(Easier option: Walk forward on right, Walk forward on left)

- 5-6 Rock forward on right, Recover on left
- 7-8 Rock back on right, Recover on left

ENDING: The dance finishes on the front wall during wall 13 during the hip sways in section 2.
For a nice BOOM style finish turn the hips sways in to the following:

SLOW, SLOW, QUICK QUICK QUICK, BOOM!

- 5-6 Small step to the left swaying hips left, right
- 7&8 Hips sways left, right, left
- 1 Push hips to right

Tadah!