Take It From Me!

拍數: 32

級數: Easy Intermediate

編舞者: Lisa Bodnar (USA) - February 2019

音樂: Take It From Me - Jordan Davis

*Restart on wall 3 after 1st 16 counts (Restart will occur on start of second verse) Intro: Start on vocals	
(1-8) Wizard Steps, Side Touches, Forward Touch/Push Off ½ Turn, Step R	
1-2&	Step R diagonally forward right, lock left behind right, step right diagonally forward
3-4&	Step L diagonally forward left, lock right behind left, step left diagonally forward
5-6	Touch R toe out to right side, switch and touch L toe out to L side
&7-8	Bring L foot back in($\&$) and touch R toe forward/push off into a $\frac{1}{2}$ turn over R shoulder (7),
	stepping weight onto R after the turn is complete (on 8)
(9-16) Step L, Cross Behind, Side Shuffle R with ½ Turn, Double Heel Jacks	
9-10	Step L foot out to L side, cross and touch R toe behind L foot (weight will stay on L)
11&12	Step R foot out to right while making $\frac{1}{4}$ turn to R, bring L up to meet R and step R foot forward again making another $\frac{1}{4}$ turn ($\frac{1}{2}$ turn total)
(*For styling purposes you can angle slightly L at 10:00 when doing the heel jacks)	
13&14	Weight on R foot, L heel goes forward, step L down putting weight onto L foot and bring R toe up to touch next to L
&15&16	Step back on to R and bring L heel forward, step L down putting weight onto L foot and bring R toe up to touch next to L
(*Restart occurs here)	
(17-24) Big Slide R, Rock Recover, Slide L with ¼ Turn Rock Recover, Step, Hold, R Shuffle Forward	
17-18&	Take a big step to R, rock back onto L and recover onto R
19-20&	Take big step L left while starting to make a ¼ turn R, finish off the turn by rocking back onto R and recovering onto L.
21-22	Step forward onto R, hold
&23&24	Step quickly onto L on "&" and shuffle forward R-L-R
(25-32) Mambo Forward, Mambo Back, Triple Full Turn, Sway Hips Right, Left	
25&26	Rock forward onto L (25), recover back onto R(&) step L next to R(26)
27&28	Rock backward onto R (27), recover back onto L(7), step R next to L (28) – Weight will transfer onto the R
29&30	Triple step full turn right by stepping L over R and making $\frac{1}{4}$ turn, step onto R while making $\frac{1}{2}$ turn and stepping onto L while making another $\frac{1}{4}$ turn.
31-32	Step R out to R while pushing hips to the R, sway hips to the left by shifting weight over to the L
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