Mr Used To Be

拍數: 48   牆數: 4   級數: Improver

編舞者: Nicola J Bowen (UK) - February 2019

音樂: Mr Used To Be by David Wales

#16 count introduction.

K Step – diagonal step forward, Tap. Diagonal step back, Tap, diagonal step back tap, diagonal step forward tap.

1-2	Step Right forward to right diagonal. Touch Left beside right.
3-4	Step Left back to left diagonal, touch Right beside left.
5-6	Step Right back to right diagonal, touch Left beside right.
7-8	Step Left forward to left diagonal, touch Right beside Left.

Right shuffle forward, left rock recover, shuffle quarter turn (9 o'clock) vaudeville step.

1&2	Shuffle forward on Right, Left, Right.
3-4	Rock forward on Left, recover weight onto Right.
5&6	Quarter turn shuffle to the left stepping Left, Right, Left. (9 o'clock)
7&8&	Cross Right over Left, step Left to left side, dig Right heel forward, replace Right heel next to Left.

Weave right, point, weave left, point.

1-2	Cross Left over Right, step Right to right,
3-4	Step Left behind Right. Point Right to right side.
5-6	Cross Right over Left, step Left to left side,
7-8	Step Right behind left, Point left to left side.

Cross point, cross point, jazz box quarter turn, shuffle back

1-2	Cross Left over Right, point Right to right side.
3-4	Cross Right over Left, point Left to left side.
5-6	Cross Left over Right, step back on Right turning quarter turn left.
7&8	shuffle back Left, Right, Left.

Rock back, recover. Dorothy step right diagonal, left shuffle forward, swivel heels right, centre.

1-2	Rock back on Right, recover onto Left.
3-4&	Step Right to right diagonal, lock Left behind Right, step forward on Right to right diagonal.
5&6	Shuffle forward left Right, Left.
7-8	Swivel heels Right, centre.

Step pivot left, cross shuffle, side rock, recover, behind side cross.

1-2	Step forward on Right, pivot quarter turn to left (3 o clock)
3&4	Cross Right over Left, step Left to left side, cross Right over Left.
5-6	Rock Left to left side, recover weight onto right,
7&8	Step Left behind Right, step Right to right side, cross Left over Right.