Radio Heartbreak



拍數: 32 牆數: 4 級數: Absolute Beginner

編舞者: Jo Myers (UK) - February 2019

音樂: Heartbreak Radio - Cam, Roy Orbison & Royal Philharmonic Orchestra: (iTunes)



(I Choreographed this to teach my Absolute Beginners Class to Chasse & Shuffle)

SEC 1: R CHASSE, BACK ROCK, L	CHASSE,BACK ROCK
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1&2	Step right to right side. Step left next to right. Step right to right side
IUZ	Oled right to right slide, oled left flext to right, oled right to right slide

3-4 Cross rock left behind right, Recover on right

Step left to left side, Step right next to left, Step left to left side

7-8 Cross rock right behind left, Recover on left

SEC 2: SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK, ROCK STEP

1&2	Step forward on right. Step left next to right. Step forward on right
IXZ	Step forward our fight. Step left flext to fight. Step forward our fight

3-4 Rock forward onto left, Recover back onto right

5&6 Step back on left, Step back on right next to left, Step back on left

7-8 Rock back on right, Recover on left

SEC 3: CROSS POINT, CROSS TAP BACK, 3 WALKS BACK, HITCH

1-2	Cross right over left	Point left to left side
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3-4 Cross left over right, Tap right toe behind left foot

5-6 Walk back on right, Walk back on left

7-8 Walk back on right, Hitch up on left

SEC 4: HIP BUMPS FORWARD AND BACK, HITCH AND TURN 1/4

1&2 Step forward left, Bump hips left right left

3&4 Step back on right, Bumping hips right left right5-6 Bump hips forward onto left, Bump hips back

7-8 Bump forward onto left foot, Hitch right making 1/4 turn left facing 9 o'clock

No Tags Or Restarts. Enjoy !!