Along The Way

Intro: 8 counts

級數: Improver

編舞者: The Highlander (UK) - March 2019

音樂: Along the Way - Gary Allan : (CD: Get Off On The Pain)

BUMP HIPS RIGHT LEFT WITH HITCH, CHASSÉ ¼ RIGHT, ½ RIGHT, ¼ RIGHT, CROSS MAMBO .

1,2	Bump R hip to right, Bump L hip to left with little hitch of R knee,
3&4	Step R to right, Step L next to R, Turn ¼ right stepping R forward, (3.00)
5,6	Turn $\frac{1}{2}$ right stepping L back, Turn $\frac{1}{4}$ right stepping R to right side, (12:00)
7&8	Cross rock L over R, Recover onto R, Step L to left side.
CROSS, SIDE, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ TURN LEFT.	
1,2	Cross R over L, Step L to left ,
3&4	Step R behind L, step L to left, cross R over L,
5,6	Rock L to left side, Recover onto R,
7&8	Step L behind R, Turn ¼ left stepping R next to L, Step L forward. (9:00)
*********** Rest	art here during wall 9 ********
STEP TURN.	FULL TURN, STEP TOUCH, SIDE ROCK CROSS.
1,2	Step R forward, pivot ½ turn left, (weight returning to L) (3:00)
3,4	Turn ½ left stepping R back, Turn ½ left stepping L forward, (3.00)
5,6	Step R forward, touch L next to R,
7&8	Rock L to left side, Recover onto R, Cross L over R.
********* Restart here during wall 4 *********	
SIDE. TOGET	HER. CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS,
•	HER, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS. Step R to right side, Step L next to R.
SIDE, TOGET 1,2 3&4	Step R to right side, Step L next to R,
1,2 3&4	Step R to right side, Step L next to R, Cross R over L, Step L to left side, Cross R over L,
1,2	Step R to right side, Step L next to R,
1,2 3&4 5,6 7&8	Step R to right side, Step L next to R, Cross R over L, Step L to left side, Cross R over L, Rock L to left side, Recover onto R,
1,2 3&4 5,6 7&8 Start again by Restarts	Step R to right side, Step L next to R, Cross R over L, Step L to left side, Cross R over L, Rock L to left side, Recover onto R, Step L behind R, Step R to right side, Cross L over R. stepping R to right side with the right hip bump.
1,2 3&4 5,6 7&8 Start again by Restarts *1 - During wa	Step R to right side, Step L next to R, Cross R over L, Step L to left side, Cross R over L, Rock L to left side, Recover onto R, Step L behind R, Step R to right side, Cross L over R.
1,2 3&4 5,6 7&8 Start again by Restarts *1 - During wa **2 - During wa	Step R to right side, Step L next to R, Cross R over L, Step L to left side, Cross R over L, Rock L to left side, Recover onto R, Step L behind R, Step R to right side, Cross L over R. stepping R to right side with the right hip bump.
1,2 3&4 5,6 7&8 Start again by Restarts *1 - During wa **2 - During wa Ending. After s	Step R to right side, Step L next to R, Cross R over L, Step L to left side, Cross R over L, Rock L to left side, Recover onto R, Step L behind R, Step R to right side, Cross L over R. stepping R to right side with the right hip bump. III 4 at end of section 3 (Side rock cross) facing 12 o'clock. all 9 at end of section 2 (Sailor ¼ turn) facing 9 o'clock.





拍數: 32

牆數:4