

Lo Siento

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Tutuk Kusdaryanti (INA) - February 2019
音樂: Lo Siento (feat. KARD) - SUPER JUNIOR



Start on Vocal

Session 1: Samba Whisk R-L , Volta Spot Turn , Samba Whisk L

1 a2 Big Step R to R side, Step Ball of L slightly behind R, Recover weight onto R
3 a4 Big Step L to L side, Step Ball of R Slightly behind L, Recover Weight onto L
5 a6 1/2 turn R step forward on R, 1/2 turn R touch back on L, Step forward onto R (weight on R)
7 a8 Big Step L to L side, Step Ball of R Slightly behind L, Recover Weight on to L

Session 2: Turn Cross Samba, Full Turn, Mambo Forward, Coaster Step

1 a2 1/4 turn R step forward on R, Step L to L side, Step R on to R (03.00)
3&4 Step forward on L, 1/2 turn L step back on R, 1/2 turn L step forward on L (03.00)
5&6 Step forward on R, Recover on L, Step back on R
7&8 Step back on L, Step R beside L, Step forward on L

*****Restart on wall 6 (restart on 06.00)

1/4 turn L and begin again for the last dance

Session 3: Syncopated Crosses, Turn Cross Samba, Toe Heel move out in , Hitch

1&2& Cross R over L, Step L on L side, Cross R over L, Step L on L side
3&4 Cross R over L, Step L on L side, Cross R over L
5a6 1/4 turn L step forward on L, Step R on R side, Step L on to L(12.00)
7&8 Move R toe in, Move R heel out, Hitch on R

Session 4: Coaster Step, 1/2 turn Cross Samba, Stationary walk

1&2 Step back on R , Step L beside R, Step forward on R
3 a4 1/4 turn L step forward on L, 1/4 turn L complete step R to R side, Step L on to L (06.00)
5 a6 Step forward on R, Recover weight on L, Step Forward onto R
7 a8 Step forward on L, Recover weight on R, Step forward onto R

Hope all of U like the dance

Contact : tkyanti@gmail.com