

Nice 2 Have a MAN Around THE HOUSE

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - March 2019
音樂: It's So Nice to Have a Man Around the House - Della Reese



S:1 RAMBLES FORWARD (RLRL)

1-2 RF point to right side, RF step forward in front of L
3-4 LF point to left side, LF step forward in front of R
5-6 RF point to right side, RF step forward in front of L
7-8 LF point to left side, LF step forward in front of R

S:2 RF ROCK/RECOVER, TURNING SHUFFLES (1/2 R, 1/2 R), RF ROCK BACK

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Pivot 1/2 R
5&6 Shuffle back LRL Pivot 1/2 R
7-8 Rock RF back, recover LF

S3 CROSS MAMBOS (R, L PIVOT 1/2 L), FLICK, CROSS MAMBOS (R, L PIVOT 1/4 L), FLICK

1&2 Cross RF over LF, Recover LF, Step RF together
3&4& Cross LF over RF, Recover RF, Step LF 1/2 pivot L, Flick R heel Up
5&6 Cross RF over LF, Recover LF, Step RF together
7&8& Cross LF over RF, Recover RF, Step LF 1/4 pivot L, Flick R heel Up

S:4 RF ROCK FWD, LF RECOVER, CHA CHA CHA, LF ROCK BACK, RF RECOVER, CHA CHA CHA

1-2 Rock RF forward, Recover LF
3&4 Rock RF beside L, Step LF in place, Step RF together
5-6 Rock LF back, Recover RF
7&8 Rock LF beside R, Step RF in place, Step LF together

TAG: 8 counts, after Wall 2

STEP PIVOT 1/2 L, RF KICK-BALL CHANGE, HIP BUMPS RRLL

1-2 Step RF forward, Pivot 1/2 turn left, hold (weight on LF)
3&4 Kick RF forward, Step RF beside L, Step LF together
5-6 Bump hips right, right
7-8 Bump hips left, left

Begin again

EXTENDED TAG: 12 counts after Wall 5

STEP PIVOT 1/2 L, RF KICK-BALL CHANGE, HIP BUMPS RRLL, RRLL

1-2 Step RF forward, Pivot 1/2 turn left, hold (weight on LF)
3&4 Kick RF forward, Step RF beside L, Step LF together
5-6 Bump hips right, right
7-8 Bump hips left, left
9-10 Bump hips right, right
11-12 Bump hips left, left

Begin Again

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