No Drama



拍婁	a: 32 満數: 4 級數: Improver ■ 読録
編舞者	f: Shirley Blankenship (USA) & K. Sholes (USA) - March 2019
音樂	E Family Affair - Mary J. Blige
Section 1: Ste	o, Rock, Recover X2 Cross, 1/4 turn, Step, Mambo
1&2 3&4	Step R forward, Rock L back, Recover R, Step L forward, Rock R back, Recover L,
5&6 7&8	Step R over L, Step L 1/4 left, Step R, Rock L forward, Recover R, Step L back.
Section 2: Box	Step X2 Mambo X2
1&2 3&4	Step R to side, Step L next to R, Step R forward, Step L to side, Step R next to L, Step L back,
5&6 7&8	Rock R forward, Recover L, Step R back, Rock L back, Recover R, Step L forward.
Section 3: Sail	or Step, 1/4 turn Sailor Step Side Mambo X2
1&2 3&4	Step R behind L, Step L to side, Step R in place, Step L behind R, Step R to side, Step L 1/4 left,
5&6 7&8	Rock R to side, Recover L, Step R next to L, Rock L to side, Recover R, Step L next to R.
Section 4: Ste	p, Lock, Step X2 Cross, Back, Step X2
1&2 3&4	Step R forward, Lock L behind R, Step R forward, Step L forward, Lock R behind L, Step L forward,
5&6 7&8	Cross R over L, Step L back, Step R to side, Cross L over R, Step R back, Step L to side.
Regin Again! H	's All About Funl

Begin Again! It's All About Fun!