

Ride On Ride Out

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Beginner
編舞者: Kennedy Wong - March 2019
音樂: Ride On Ride Out – Colt Ford



Intro: 24 count

(RT) 4 ALTERNATING KICKS, STOMPS, KNEE LIFTS, HEEL SPLIT

1&2&3&4& Kick Rt foot, Step down on Rt, Kick Lt foot, Step down on Lt- Repeat
5&6&7& a s moving forward) STOMP right, then left, Lift right knee, lift left knee
8& Heel Split

(RT) SLIDE RT & HEEL SPLIT, SLIDE LT & HEEL SPLIT, WALK BACK 4

1&2&3&4& Slide to the right and do a heel split, slide to left and do a heel split
5, 6, 7, 8 Walk Back 4 Counts

(RT) GRAPEVINE TO RT & GRAPEVINE TO LT & WALK WITH ¼ TURN LT

1&2&3&4& Grapevine to right and touch left, Grapevine to left and touch right
5, 6, 7, 8 Walk (do Skate for styling) 4X and make a ¼ turn LT
