

Just Gimme those BAD BOYS!

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Val Saari (CAN) - March 2019
音樂: Bad Boys - Wham!



HEEL BOUNCES X 2 (RL), V-STEP

1-2 Bounce on RF heel twice
3-4 Bounce on LF heel twice
5-6 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
7-8 Step RF back to centre, Step LF together

CROSS MAMBOS CHA CHA CHA X 2 (RL)

1-2 RF Cross over L, LF Recover weight
3&4 Recover RF, Step LF in place, Step RF in place
5-6 LF Cross over R, RF Recover weight
7&8 Step LF left, Step RF beside L, Step LF in place

SHUFFLE FWD RLR, LRL, ROCK/RECOVER, RF COASTER STEP

1&2 Shuffle forward RLR
3&4 Shuffle forward LRL
5-6 RF Rock forward, LF recover
7&8 Step RF back, Step LF beside R, Step RF forward

SHUFFLE FWD LRL, RF STEP-PIVOT 1/2 L, SHUFFLE FWD RLR, LRL

1&2 Shuffle forward LRL
3-4 Step RF forward, pivot 1/2 Left (weight on LF)
5&6 Shuffle forward RLR
7&8 Shuffle forward LRL

SIDE MAMBOS (CHA CHA CHA) X 2 (RL)

1-2 RF Rock side right, LF recover
3&4 Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)
5-6 LF Rock side left, RF recover
7&8 Step LF beside Right, Step RF in place, Step LF in place (cha, cha, cha)

SIDE MAMBO/KICK X 2 (RL)

1-2 RF Rock side right, LF recover
3-4 Step RF beside Left, Kick LF forward
5-6 LF Rock side left, RF recover
7-8 Step LF beside Right, Kick RF forward

RF ROCK/RECOVER, SHUFFLE RLR PIVOT 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL PIVOT 1/2 L,

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Pivot 1/2 R
5-6 Rock LF forward, recover RF
7&8 Shuffle back LRL Pivot 1/2 L

V-STEP, HIP BUMPS RLRL

1-2 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
3-4 Step RF back to centre, Step LF together
5-6 Bump hips Right, Left
7-8 Bump hips Right, Left

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027
