AB Jambalaya for Martha

級數: Absolute Beginner

編舞者: Russell Breslauer (USA) - April 2019

音樂: Jambalaya (On the Bayou) - Eddy Raven & Jo-El Sonnier

This dance was suggested to me by Martha Lee.

Since this is a Cajun dance, usually done in the heat, keep the steps low to the ground.

Sec 1: FORWARD & BACK

拍數: 32

- 1 4 Step forward Right Left Right touch Left
- 5 8 Step back Left Right Left touch Right

Sec 2: SIDE TOGETHERS

- 1 4Step Right to right Left next to right Right to right touch Left next to right
- 5 8 Step Left to left Right next to left Left to left touch Right next to left

Sec 3: CROSS ROCK SIDE TOUCH X2

- 1 4 Step Right across left, recover on Left, right on Right, touch Left next to right
- 5 8 Step Left across right, recover on Right, left on Left, touch Right next to left

Sec 4: JAZZ BOX (1/4 TURN) TOUCH X2

- 1 4 Step Right across left, recover on Left, Right ¼ right, touch Left next to right
- 5 8 Step Left across right, recover on Right, Left ¼ left, touch Right next to left
- For a 2-wall dance section 4 step on count 4 rather than touch. And steps 5-8 are the same as 1-4.

Start the dance from the beginning!

Contact: BreslauerDanceSF@Yahoo.com Last update: 4/4/19





牆數: 1