

1.2.3.4

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Des Ho (SG) - April 2019
音樂: 1, 2, 3, 4 (원,투,쓰리,포) - LeeHi (이하이) : (Album: First Love - iTunes, etc)



Intro: 16 counts, start after lyrics "1.2.3.4..." (14 sec)

Main Dance

[1 – 8] R& L Basic NC2 , Walk Round 1/2 Turn R [6:00]

- 1 2& R Side Drag (1) Step Lf behind Rf (2) , Cross Rf over L (&)
3 4& L Side Drag (3), Step Rf behind Lf (4), Cross Lf over R (&)
5 - 8 Walk circular 1/2 turn R in 4 counts [Option: raise left arm horizontally] [6:00] *10th wall
Restart Here

[9 – 16] Toes Switches, Heel Switches, Large Step Forward, Together, Back Back (or Moonwalk) [6:00]

- 1&2& Touch R toes to R side (1) Step Rf next to Lf (&) Touch L toes to L side (2) Step Lf next to Rf (&)
3&4& Tap R heel forward (3), Step Rf next to Lf (&), Tap L heel forward (4), Step Lf close to Rf (&)
5 - 8 Big step Rf heel forward (5), Step Lf next to Rf (6), Walk back R,L [6:00]

[17- 24] Back Back, 1/4 R Sailor Step, Forward rock, 1/2 L Forward Shuffle [3:00]

- 1 - 2 Walk back on Rf, Walk back on Lf
3 &4 Make 1/4 turn R stepping back on Rf (3), Step Lf next to Rf (&), Step Rf to R side(4) [9:00]
5 6 Rock Lf forward, Recover on Rf
7 &8 Make 1/4 L stepping Lf to L side (7), Step Rf next to Lf (&), Make 1/4 L stepping Lf forward (8) [3:00]

[25 – 32] Body Roll, Back Lock Step, Back Rock, Side Rock Cross [3:00]

- 1 - 2 Step Rf forward & Body Roll (with attitude) & Recover back on Lf..
3 &4 Step back on Rf (3), Lock Lf slightly in front of Rf (&), Step Rf back (4)
5 - 6 Rock back on Lf (5), Recover on Rf (6)
7 &8 Rock Lf to left side, Recover on Rf, Cross Lf over Rf (8)

Enjoy!

TAGs happen after the 3rd rotation facing 9:00 o'clock & after 7th wall facing 9 O'clock

[T1 - T8] R& L Basic NC2 , Walk Round 1/2 Turn R [3:00]

- 1 2& R Side Drag (1) Step Lf behind Rf (2) , Cross Rf over L (&)
3 4& L Side Drag (3), Step Rf behind Lf (4), Cross Lf over R (&)
5 - 8 Walk circular 1/2 turn R in 4 counts, RLRL [3:00]

[Option: raise left arm horizontally]

[T9-T16] Body Roll & Body Roll, Sway Hips RLRL

- 1 2& Rock forward on Rf & Body Roll (1), Recover on Lf (2), Step Rf next to Lf (&)
3 4& Rock forward on Lf & Body Roll (2), Recover on Rf (2), Step Lf next to Rf (&)
5 - 8 Sway Hips to the right, left, right & left (with attitude - free style)

* Restart on 10th Wall (3:00): After 1st 8 counts of section1 during 10th Rotation [Note: 11th wall starts facing 9:00]

Ending Option: At 12th Rotation, change last 4 counts of Section 4 to end the dance facing 12 o'clock

[25 -32] Body Roll, Back Lock Step, 1/4 Turn L, Cross, Side Rock Cross & Pose

- 5 - 6 Make 1/4 turn L stepping Lf to the left (12:00), Cross Rf over Lf [12:00]

7 & 8 Kick Lf forward (7), Step Lf close to Rf (&), Tap R toes to R side & Pose!

Dance Sequence: 32, 32, 32, Tag, 32, 32, 32, Tag, 32, 32, 32, 8, 32, 32 with Ending

Contact choreographer: beaverct@gmail.com

Last Revision: 10 April 2019 - R2
