

Sixteen (P)

拍數: 32 牆數: 0 級數: Intermediate pattern partner circle
編舞者: Barb Monroe (USA) & Dave Monroe (USA) - April 2019
音樂: Sixteen - Thomas Rhett



Start facing LOD in sweetheart position, footwork is the same except where noted

Walk, Walk, Shuffle, Shuffle, Walk, Walk (Lady turns)

- 1-2 Walk forward R L
- 3&4 Shuffle forward R L R
- 5&6 Shuffle forward L R L
- 7-8 Man: Walk forward R L (release lady's L hand and bring R arm over lady's head)
Lady: Turn ½ turn L stepping R, Step back L (facing BLOD)

Rock, Recover, Coaster step, Shuffle, ¼ turn, ¼ turn

- 9-10 Man: Rock forward R, Recover L (facing LOD)
Lady: Rock back R, Recover L (facing BLOD)
- 11&12 Man: Coaster Step R L R (rejoin hands in sweetheart position)
Lady: (Chase turn) Step forward R, Turn ½ turn L stepping L, Step forward R (facing LOD)
- 13&14 Shuffle forward L R L
- 15-16 Step R turning ¼ L, Step back L turning ¼ L (facing BLOD)

(Arms 15 & 16: R arm goes over lady's head, L hands stay connected in front of lady)

Step, ¼ turn, Cross shuffle, Step, ½ turn, Cross shuffle

- 17-18 Step R back, Turn ¼ turn L stepping L (facing OLOD)
(Arms: release R hands, L arm goes over lady's head, reconnect R hands at lady's shoulder)
- 19&20 Cross shuffle R over L (R L R)
- 21-22 Step L, Turn ½ turn R stepping R (facing ILOD)
(Arms: release R hands and bring L arm over lady's head, reconnect R hands after turn)
- 23&24 Cross shuffle L over R (L R L)

Vine with ¼ turn, Rocking chair

- 25-28 Step R side, Cross L behind R, Turn ¼ turn R stepping R, Step L forward (facing LOD)
- 29 -32 Rock R forward, Recover L, Rock R back, Recover L

Begin again