

Madison Olds

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ole Jacobson (DE) & Nina K. (DE) - April 2019
音樂: Moments in the Mountains - Madison Olds



Beginning with the singing

[1-8] Back, recover, Shuffle 1/2 turn L, back, recover, 1/4 turn L, chasse L

1,2 RF step after back - weight forwards on LF
3&4 1/4 L-turn, RF step after R - LF beside RF set off - 1/4 L-turn, RF step back
5,6 LF step back - weight forwards on RF
7&8 1/4 R-turn, LF step to the left - RF beside LF set off - LF step to the left

[9-16] Behind, side, cross shuffle, side, recover, cross shuffle

1,2 RF behind LF cross - LF step to the left
3&4 RF cross over LF - LF at RF near set - RF cross over LF
5,6 LF step after left - weight on RF
7&8 LF cross over RF - RF at LF near set - LF cross over RF

[17-24] 3/4 turn L, shuffle forward, rock, recover, coaster step

1,2 1/2 L-turn, RF step back - 1/4 L-turn, LF step forward
3&4 RF step forward - LF at RF near set - RF step forward
5,6 LF step forward - weight back on RF
7&8 LF step back - RF beside LF set off - LF step forward

[25-32] Cross, point, jazz box with 1/4 turn R

1,2 RF cross over LF - LF tap to the left
3,4 LF cross over RF - RF tap to the left
5,6 RF cross over LF - 1/4 R-turn, LF step back
7,8 RF step to the right - LF beside RF

.. and from the beginning
