Still Ain't Giving UP on U

級數: Beginner

編舞者: Val Saari (CAN) - April 2019

音樂: Ain't Giving Up - Craig David & Sigala

TOE/HEEL FORWARD X 4

拍數: 32

- 1-4 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel
- 5-8 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel

RF ROCK/RECOVER, SHUFFLE RLR PIVOT 1/2 R, STEP, LOCK, STEP, BRUSH

- 1-2 Rock RF forward, recover LF
- 3&4 Shuffle back RLR Pivot 1/2 R
- 5-6 Step LF forward, Lock RF behind L
- 7-8 Step LF forward, Brush RF forward

JAZZ BOX, SIDE SHIMMY X 2 (L,R)

- 1-2 Cross RF over Left, Step Left back
- 3-4 Step RF to side, Touch LF together
- 5-6 Step LF left, Shimmy shoulders sliding RF together
- 7-8 Step RF right, Shimmy shoulders sliding LF together (weight on RF)

LF ROCKING CHAIR, LF ROCK/RECOVER, SHUFFLE LRL PIVOT 1/2 L

- 1-2 Rock LF forward, Recover RF
- 3-4 Rock LF back, Recover RF
- 5-6 Rock LF forward, recover RF
- 7&8 Shuffle back LRL Pivot 1/2 L

REPEAT - No Tags, No Restarts

Note: for a 4 wall dance turn 1/4 R on the jazz box (S:2 3-4 Step RF to side 1/4 turn Right, Touch LF together) Email: valeriesaari@icloud.com - Phone: 1-905-246-5027

Last Update - 15 Apr 2022





牆數:1