

Un-cry These Tears

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver Smooth
編舞者: Sandy Kerrigan (AUS) - April 2019
音樂: Un-Break My Heart - Johnny Mathis : (Album: The Very Best Of Johnny Mathis - iTunes)



Dance Info: Dance starts wt on R – Dance starts 28 seconds in - Start on lyrics
BPM [105:1] Track Length 4:52

Cross, Sweep, Cross, ¼ Step Back, Step Back, Back Rock Step, Left Shuffle Fwd 3:00

1 2 3 4 Cross L over R, Sweep R, Cross R over L, Turning ¼ R-Step Back on L
5 6 7 8 & 1 Step Back on R, Rock Back L, Rep Fwd to R, Step Fwd L, Step R to L, Step Fwd L

Fwd, ½ Pivot Turn L, Fwd, ½ pivot Turn L, Fwd Rock, ¼ R Side Shuffle Turn 6:00

2 3 4 5 Step Fwd R, ½ Pivot Turn L-wt on L, Step Fwd R, ½ Pivot Turn L-wt on L

(The above can be replaced with a 4 count fwd, Back Rocking Chair)

6 7 8 & 1 Rock Fwd R, Rep Back to L, Turn ¼ R-Step R to R, Step L next to R, Step R to R Side

Cross Rock, Side Rock, Step Back Sweep, Turn ¼ R, Right Lock Shuffle Back 9:00

2 3 4 5 Cross Rock L over R, Replace to R, L Side Rock, Replace to R
6 7 Step Back L Sweeping R Back Around, Turning ¼ R on L-Sweeping R
8 & 1 Step Back R, Cross L over R, Step Back on R

Back Rock Step, ½ R Step Back L, Back Rock Step, Step Fwd, Point Side 3:00

2 3 4 Rock Back L, Replace Fwd R, Turning ½ R-Step Back on L
5 6 7 8 Rock Back on R, Replace Fwd to L, Step Fwd R, Point L to L Side

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Note: No Tags Or Restarts, due to the length of the music, you may decide to finish the dance early.

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