Shania Twain

拍數: 32

級數: Improver

編舞者: Kim Liebsch (DK) - April 2019

音樂: Shania Twain - Aura Dione : (2:32)

Intro: 16 counts after 1'beat (appr. 9 sec) Start with weight on L foot

#1 section: Side rock, sailor step, cross behind, cross shuffle

- 1-2 Rock R to R side, recover on L 12:00
- 3&4 Cross R behind L, step L to L side, step R to R side 12:00
- 5-6 Cross L behind R, step R to R side 12:00
- 7&8 Cross L over R, step R to R side, cross L over R 12:00

#2 section: Point back, coaster step, cross rock, side rock, cross rock side

- 1-2 Point R fw.(slightly diagonal), step back on R 12:00
- 3&4 Step back on L, step R next to L , step fw. on L 12:00
- 5&6& Cross R over L, recover on L, rock R to R side, recover on L 12:00
- 7&8 Cross R over L, recover on L, step R to R side 12:00

#3 section: Heel grind 1⁄4 turn , coaster step, step 1⁄2 turn, 1⁄2 turn out out

- 1-2 Step L heel fw. grind heel while making ¼ turn L stepping back on R 9:00
- 3&4 Step back on L, step R next to L, step fw. on L 9:00
- 5-6 Step fw. on R, make ¹/₂ turn L stepping fw. on L 3:00
- 7&8 Make ¹/₂ turn L stepping back on R, step out L step out R 9:00

#4 section: Cross point, behind 1⁄4 turn step, rock recover, back lock step

- 1&2 Cross L over R, point R to R side(slightly diagonal) 9:00
- 3&4 Cross R behind L, make ¼ turn L stepping fw. on L, step fw. on R 6:00
- 5-6 Rock fw. on L, recover on R 6:00
- 7&8 Step back on L, lock R infront of L, step back on L 6:00

Good Luck & N'joy!

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牆數: 2