

Bones - easy

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lisbeth Blaabjerg (DK) - April 2019
音樂: Bones (feat. OneRepublic) - Galantis : (iTunes)



Intro: 16 counts

SEC 1: STEP LOCK – STEP-LOCK-STEP X2

1 – 2 Step fw on R to R diagonal, Lock L behind R.
3 & 4 Step fw on R, Lock L behind R, Step fw on R.
5 – 6 Step fw on L to L diagonal, Lock R behind L.
7 & 8 Step fw on L, Lock R behind L, Step fw on L.

SEC 2: JAZZ BOX CROSS, SIDE POINT R AND L

1-4 Cross R over L, step back on L, step R to R side, Cross L over R
5-6 Point R to R, step R beside L (styling - prep body L when pointing R)
7-8 Point L to L, step L beside R (styling – prep body R when pointing L)

SEC 3: VINE R, TOUCH L, VINE ¼ L, TOUCH R

1-4 Step R to R side, Cross L behind R, Step R to R side, Touch L beside R
5-8 Step L to L side, Cross R behind L, Turn ¼ L step L fw, Touch R beside L (9:00)

SEC 4: K-STEP

1-2 Step R fw into R diagonal, touch L beside R
3-4 Step L back into L diagonal, touch R beside L
5-6 Step R back into R diagonal, touch L beside R
7-8 Step L fw into L diagonal, touch R beside L

Start again & enjoy

ONE EASY TAG: After wall 5 (facing 9:00) – extra K-step

1-2 Step R fw into R diagonal, touch L beside R
3-4 Step L back into L diagonal, touch R beside L
5-6 Step R back into R diagonal, touch L beside R
7-8 Step L fw into L diagonal, touch R beside L

ENDING: Dance ends after wall 12 (facing 12.00) – Step R to R side & make a diva snap □

Contact: lsblaabjerg@gmail.com