Take It From Me

拍數: 32

級數: Intermediate

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音樂: Take It From Me - Jordan Davis

Intro: ²	16 c	counts.
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[1-8] CROSS, SIDE, SAILOR 1/4 TURN R with STOMP, CROSS, TOUCH, KICK-BALL-TOUCH

- 1-2 Cross step R over L, step L to side
- 3&4 Cross R behind L, 1/4 turn to right and step L to side, stomp R forward on the floor
- 5-6 Cross step L over R, touch R to side
- 7&8 Kick R forward, step R together L, touch L to side

[9-16] KICK-BALL-TOUCH, CROSS ROCK STEP, RECOVER, SYNCOPATED WEAVE to R, SYNCOPATED CROSS ROCK STEP, 1/4 TURN L and STEP FWD

- 1&2 Kick L forward, step L together R, touch R to side
- 3-4 Cross rock step R over L, recover on L
- 5 Step R to side
- &6 Cross step L over R, step R to side
- &7 Cross L behind R, step R to side
- 88 Cross rock step over R, recover on R
- 1/4 turn to left and step L forward &

Restart : At the 3rd repetition (face to 6:00) do the first 16 counts and restart from the beginning.

[17-24] HEEL TOUCH, TOE TOUCH, SHUFFLE FWD, STEP FWD, PIVOT 1/4 TURN R, CROSS SHUFFLE to R

- 1-2 Heel toucher R forward, toe touch R backward
- 3&4 Shuffle R,L,R forward
- Step L forward, pivot 1/4 turn to right 5-6
- 7&8 Cross shuffle L,R,L to right

[25-32] ROCK SIDE, VAUDEVILLES, TOGETHER, TOUCH, STEP, STOMP

- 1-2 Rock step R to side, recover on L
- 3&4 Cross step R behind L, step L to side, heel touch R forward diagonally to right
- &5 Step R together L, cross step L over R
- &6 Step R to side, heel touch L forward diagonally to left
- &7&8 Step L together R, toe touch R together L, step R on place, stomp L forward on the floor

DANCE A LOT AND HAVE FUN !





牆數:4