# Mississippi Hustle

級數: Beginner

編舞者: Roland Ford (USA) - September 2018

音樂: September - Earth, Wind & Fire

Alternate music: "Love You, I Do" by Jennifer Hudson

### VINE RIGHT, VINE LEFT

拍數: 32

- Step Right to side, Step Left Behind, Step Right to Side, Low Kick Left to Left diagonal 1-4
- 5-8 Step Left to side, Step Right Behind, Step Left to Side, Low Kick Right forward

### WALK BACK, JUMP FORWARD, SHAKE IT!

- 1-4 Walk Backwards, Right, Left, Right, Touch Left
- &5, 6-8 Jump forward, Shake hips (6,7,8)

### SHIMMY DOWN, SHIMMY UP\*

- Shake/Sway/Shimmy as you lower yourself down 1-4
- 5-8 Shake/Sway/Shimmy as you rise back up

#### **ROCKING CHAIR (2X)**

- 1-4 Rock forward on Right, Recover Left, Rock Back on Right, Recover Left
- 5-8 Rock forward on Right, Recover Left, Rock Back on Right, Recover Left

Start Dance over, doing a 1/4 turn to Left as you begin the Vine to the Right

\*If your knees aren't up to shimmying down and up, sway to the Right, Left, Right, Left.

## Roland Ford: rollinstone352@live.com submitted by: Steve Cavanaugh, steve@appleblossom.net



牆數: 4