The Shape Of



拍數: 64 編數: 2 級數: Phrased Intermediate

編舞者: Flat Guo (CN) & Jing Xin (CN) - March 2019

音樂: Chushan by Huazhou



Intro:16 counts - Sequence: AAA(16)B/AAA(16)B/ABA

Part A:((32 counts)

A(1-8)Walk R,L,R, Mambo Cross,, Pivot 1/2 turn R, Walk, Kick ball Change Point

1-2 Step R forward, Step L forward

&3&4 Step R forward, Step L side, Step R side, Cross L over R

5-6&7 Pivot 1/2 turn R(6:00), Kick R forward, Step R together, Cross L over R

8 Point R to R side

A(9-16)Touch, Pivot 1/2 turn R, Chasse, Forward, Pivot turn, Sailor cross

1-2 Touch R behind L, Pivot 1/2 turn R

3&4 Step L to L, Step R together, 1/4 turn L stepping L forward

5-6 Step R forward, Pivot 3/4 turn L sweeping L to back7&8 Cross L behind R, Step R to R, Cross L over R

Restart: on Wall 3 &6 of A,Restart after here, then dance part B

A(17-24)R side, Twist toes, Sailor cross, Rock, Sailor step

1&2 Step R to R, Twist R toe to R and L toe to L, Twist toes return

3&4 Cross R behind L, Step L to L, Cross R over L
5-6 Rock L to L and sway hip to L, Sway to R
7&8 Cross L behind R, Step R to R, Step L forward

A(25-32)Forward, Pivot 1/2 turn, Forward, Spiral turn, Jazz box, Touch

1-2 Step R forward, Pivot 1/2 turn L

3-4 Step R forward, Spiral turn L stepping L forward

5-6&7 Cross R over L, Step L back, Step R to R, Cross L over R

8- Touch R beside L

Part B:(32 counts)

B(1-8)Drag, Hold, Cross, Sweep, Sailor step, Pivot 1/4 turn L

1-2-3-4 Drag R to R, Hold, Cross L behind R, Sweep R front to back 5-6-7-8 Cross R behind L,Step L to L, Step R forward,Pivot 1/4 turn L

B(9-16)Grapevine Step, Piovt 1/2 turn R, Forward, Hold

1-2-3-4 Cross R over L, Step L to L, Cross R behind L, Step L to L Step R forward, Pivot 1/2 turn L, Step R forward, Hold

B(17-24)Weave step, Sweep, Sailor cross, Hold

1-2-3-4 Cross L over R, Step R to R, Step L back sweeping R to back

5-6-7-8 Cross R behind L, Step L to L, Cross R over L, Hold

B(25-32)Back, Sweep, Back, Forward, Sprial, Forward, Rock, Recover

1-2-3-4 Step L back, Sweep R front to back, Step R back,1/4 turn L stepping L forward 5-6-7-8 Step R forward, Spiral turn L stepping L forward, Rock R forward, Recover on L

There are two Restarts: on Wall 3 & 6 of A, Restart after 16 counts, then dance part B.

Have fun!

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