

Undone

COPPER KNOB
BY STEPHEN BETHS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Dustin Betts (USA) - April 2019
音樂: Undone - Haley Reinhart



Intro –16 counts from start

Note: Dance begins at 1.30

[1 – 8] STEP FWD L SWEEPING R OVER L, CROSS, BACK L-R, 1/8 BEHIND SIDE CROSS, LUNGE R, RECOVER ¼ TURN RIGHT, ½ TURN RIGHT (R-L)

1 2 & 3 Step L fwd sweeping R foot across (1), Cross R over L (2), Step L back (&), Step R back (3), 1.30
4 & 5 Step L behind R (4), Step R to R side, square up to side wall (&), Cross L over R (5), 3.00
6 7 Lunge R to R side, prepping body to left (6), Recover on to L making ¼ right (7), 6.00
8 & Make ½ turn right stepping fwd on R (8), Step L next to R (&). 12.00

[9 – 16] 1/8 TURN STEP R FWD SWEEPING L, CROSS L OVER R, STEP R-L BACK, HITCH R KNEE, RUN BACK R-L, ROCK -RECOVER , 1 ½ TRIPLE TURN

1 2 & 3 Step R fwd sweeping L across making 1/8th right (1), Cross L over R (2), Step R back (&), Step L back (3), 1.30
& 4 & Hitch R knee fwd (&), Step R back (4), Step L back (&) 1.30
5 6 Rock R back (5), Recover fwd on L (6) 1.30
7 8 & Make ½ turn left stepping R foot back (7), Make ½ turn left stepping L fwd, (8), Make ½ turn left stepping back on R (&).

(Restart wall 2 & 5, restart is at 7.30) 7.30

[17 – 25] ½ TURN L STEPPING L FWD SWEEPING R, CROSS R OVER L, BACK L-R, 1/8 BEHIND-SIDE-CROSS-FULL SPIRAL, ROCK R TO RIGHT, RECOVER L, 1/8 CROSS-SIDE-BACK

1 2 & Make ½ turn left stepping L fwd sweeping R back to front (should be facing 1.30) (1), Cross R over left (2), Step L back (&), 1.30
3 & 4 5 Step R back (3), Step L behind R (4), Step R to R side, square up to side wall (&), Cross L over R doing a full spiral on L (5), 3.00
6 7 Rock R to R side (6), Recover onto L (7), 3.00
8 & 1 Cross L over R (8), Make 1/8 turn right stepping back on L (&), Step back on R (1), 4.30

[26 – 32] 1/8 BEHIND-SIDE-FWD, ROCK-RECOVER ½ TURN RIGHT STEPPING R FWD, ½ TURN STEPPING L BACK, ROCK R BACK, RECOVER L, ½ LEFT

2 & 3 Step L behind R (2), Make 1/8 turn right stepping R to R side (&), Step L fwd (3), 6.00
4 & 5 Rock R fwd (4), Recover back onto L (&), Make ½ turn right stepping R fwd (5), 12.00
6 7 Make ½ turn stepping back on L (6), Rock back on to R (7), 6.00
8 & 1 Recover fwd on to L (8), Make ½ turn L stepping back on R (&), Make 3/8 turn stepping L fwd sweeping R to begin again (1). 7.30

TAG: 3/8 TURN LEFT STEPPING L FWD SWEEPING R, CROSS-BACK-BACK, 3/8 BEHIND-SIDE-FWD, STEP FWD ON R, PIVOT ½ ONTO L, ½ TURN LEFT.

1 2 & Make 3/8 turn stepping L fwd sweeping R back to front (1), Cross R over L (2), Step L back(&), 1.30
4 & 5 Step back on R (3), Step L behind R (4), Make 1/8 turn right stepping R to R side (&), Make ¼ turn right stepping L fwd (5), 6.00
6 7 8 Step fwd on R (6), Pivot ½ turn left on to L (7), Make ½ turn L stepping back on R (8) 3/8 sweep to L to start again 6.00

Notes: To begin next wall you must do 3/8 turn left stepping left fwd on count 1.

Tag: Tag is after wall 3.

Restart: Restart the dance after 16 counts. Both restarts happen at back wall facing 7.30.

Restarts are on wall 2 & 5.

Enjoy!

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