

Songs About LOVE

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - May 2019
音樂: Dancin' Cowboys - The Bellamy Brothers



ROCKING CHAIR, LINDY RIGHT

1-2 Rock RF forward, Recover Left
3-4 Rock RF back, Recover Left
5&6 Shuffle right, RLR
7-8 Rock back on LF, Recover on RF

LF ROCKING CHAIR, LF ROCK/RECOVER, SHUFFLE LRL PIVOT 1/2 L

1-2 Rock LF forward, Recover RF
3-4 Rock LF back, Recover RF
5-6 Rock LF forward, recover RF
7&8 Shuffle fwd LRL Pivot 1/2 L

CROSS MAMBOS CHA CHA CHA X 2 (RIGHT,LEFT 1/4 PIVOT L)

1-2 RF Cross over L, LF Recover weight
3&4 Recover RF, Step LF in place, Step RF in place
5-6 LF Cross over R, RF Recover weight
7&8 Step LF 1/4 pivot L, Step RF beside L, Step LF together

V-STEP, HEEL-TWISTS

1-2 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
3-4 Step RF back to centre, Step LF together
5-6 Twist heels right, bounce (optional clap)
7-8 Twist heels left, bounce (optional clap)

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027