Woman



拍數: 48 編數: 2 級數: Easy Intermediate

編舞者: Paul Snooke (AUS) & William Plain (AUS) - April 2019

音樂: Woman by Florida Georgia Line (2019)



Track info: 3:31 minutes, 118 bpm

Notes: Dance starts after the first 16 counts on the lyrics

[1-6] Cross, Side, 1/8 back, Back, 1/8 side, Recover

1-2-3 Cross LF over RF, Step RF to R side, Turn 1/8 L step LF back
4-5-6 Step RF back, Turn 1/8 L step LF to L side, Recover weight to RF

[7-12] Cross, Side, Behind, ¼ forward, Sweep, Cross

1-2-3 Cross LF over RF, Step RF to R side, Cross LF behind RF

4-5-6 Turn ¼ R step RF forward, Sweep LF around in front of RF, Cross LF over RF

[13-18] Recover, Sweep, Behind, Twinkle

1-2-3 Recover weight to RF, Sweep LF around behind RF, Cross LF behind RF

4-5-6 Recover weight to RF, Step LF to L side, Step RF to R side

[19-24] Cross, Side, Behind, Side, Drag for 2 counts

1-2-3 Cross LF over RF, Step RF to R side, Cross LF behind RF

4-5-6 Step RF to R side, Drag LF together for 2 counts (don't take weight)

[25-30] 1/4 forward, 1/4 chasse, 1/8 waltz back

1-2&3 Turn ¼ L step LF forward, Turn ¼ L step RF to R side, step LF together, step RF to R side

4-5-6 Turn 1/8 L step LF back, Step RF together, Step LF together

[31-36] Forward 1/2 waltz, Back, 1/8 side, Cross

1-2-3 Step RF forward, Turn ½ R step LF together, Step RF together 4-5-6 Step LF back, Turn 1/8 R step RF to R side, Cross LF over R

[37-42] Side, Drag, Together, Cross, Side, ½ Side

1-2-3 Step RF to R side, Drag LF together, Step LF together

4-5-6 Cross RF over LF, Step LF to L side, Turn ½ R Step RF to R side

[43-48] Twinkle x2

1-2-3 Cross LF over RF, Step RF to R side, Step LF to L side4-5-6 Cross RF over LF, Step LF to L side, Step RF to R side

Contact info:

Paul Snooke - paul.snooke@gmail.com William Plain - w_plain@hotmail.com

Last updated on 28th April 2018