Someone You Loved

級數: Intermediate

編舞者: Roxanne Moates (AUS) & Jennifer Hughes (AUS) - May 2019

音樂: Someone You Loved - Lewis Capaldi : (iTunes)

INTRO: 8 COUNTS

拍數: 32

[1-8] STEP, PIVOT HALF, STEP, FULL TURN, ¼ SIDE LUNGE, FULL TURN, LUNGE, ½ TURN

- 1, 2 & 3 Step forward on R, Step forward on L, Pivot ½ R taking weight on R, Step forward on L
- 4 & 5 Turning ½ L Step back on R, Turning ½ L Step forward on R, Turning ¼ L Step/Lunge R to R side (3.00)
- 6 & 7 Turning ¼ L Step forward on L, Turning ½ L Step back on R, Turning ¼ L Step/Lunge L to L side
- 8 & Turning ¼ R Step forward on R, Turning ¼ R Step L beside R (9.00)

[9 –16] STEP BACK, STEP BEHIND, STEP 45 DEG, SPIRAL TURN, SHUFFLE FORWARD, BACK, FULL TURN, BEHIND, SIDE

- 1, 2 & Step back on R sweeping L toe to L side, Step L behind R, Turning 1/8 R Step forward on R (10.30)
- 3 Step forward on L Turning 360 degrees over R (keep R foot close to L ending with a low R hook over L Shin)
- 4 & 5 Step forward on R, Step L beside R, Step forward on R
- 6 & 7 Step back on L, Turning ½ R Step forward on R, Turning ½ R Step back on L sweeping R toe to R side
- 8 & Step R behind L turning 1/8 L, Step L to L side (9.00)

[17-24] LUNGE, BACK, FULL TURN, BACK, ½, 1/8 SIDE, BACK, FORWARD, SIDE, STEP BACK, STEP TOGETHER

- 1, 2 & 3Turning 1/8 L Step/Lunge forward on R, Step back on L, Turning ½ R forward on R, Turning
½ R Step back on L dragging R toe (7.30)
- 4 & 5 Step back on R, Turning ¹/₂ L Step forward on L, Turning 1/8 L Step R to R side (12.00)
- 6 & 7 Rock/Step back on L, Step R slightly across L, Step L to L side dragging R toe to L
- 8 & Step back on R, Step L beside R

[25-32] STEP, COASTER STEP, ACROSS, BACK, ½, PIVOT ½, STEP, PIVOT ½, FULL TURN

- 1, 2 & 3 Step forward on R dragging L toe to touch forward, Step back on L, Step R beside L, Step forward on L sweeping R toe from back to R side
- 4 & 5 Step R across L, Step back on L, Turning ½ L Step forward on R
- & 6 & Step forward on L, Pivot ½ R taking weight on R, Step forward on L
- 7 & Step fwd on R, Pivot 1/2 L taking weight on L
- 8 & Turning ¹/₂ L Step back on R, Turning ¹/₂ L Step forward on L (6.00)

REPEAT

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牆數:2