

# One Less Day

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Tom Glover (AUS) - May 2019  
音樂: One Less Day (Dying Young) - Rob Thomas



Dance begins after 32 counts.

## Right Side Recover, Cross Shuffle, Left Side Recover, Cross Shuffle.

1 - 2      Step Right to Right side, recover onto Left,  
3&4      Cross shuffle to the Left, Right-Left-Right,  
5- 6      Step Left to Left side, recover onto Right,  
7&8      Cross shuffle to the Right, Left-Right-Left. \*\*

## Side 1/4 Left, 1/4 Left Shuffle, Behind 1/4 Right, Forward, 1/2 Pivot.

1 - 2      Step Right to Right side, turn 1/4 Left and step Left to Left side,  
3&4      Turn 1/4 Left and shuffle to Right, Right-Left-Right.  
5- 6      Step Left behind Right, step forward onto Right as you turn 1/4 Right,  
7 - 8      Step Left forward, pivot 1/2 turn Right.

## Diagonal Touches, Rock/Replace, Shuffle Back.

1 - 2      Step Left to Left diagonal, touch Right beside Left,  
3 - 4      Step Right to Right diagonal, touch Left beside Right,  
5-6      Step Left forward, rock back onto Right,  
7&8      Shuffle back, Left- Right-Left.

## Back Rock, Kick-Ball-Change, Step Right-Left, Kick-Ball-Cross.

1 - 2      Rock back onto Right, rock forward onto Left,  
3&4      Kick Right forward, step onto ball of Right, step Left slightly forward,  
5 - 6      Walk forward Right - Left,  
7&8      Kick Right forward, step onto ball of Right, cross Left over Right.

[32]

**\*\* During walls 5 and 7 – restart after first 8 counts of the dance.**

**First Restart facing the front.**

**Second Restart facing 3 o'clock.**

## FINISH

Do your 1/4 shuffle, Right-Left-Right, to the back wall, Left behind  
Right, 1/4 forward onto Right, step forward onto Left, pivot  
1/4 Right to the front. Step Left together.

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