#### LA Girls



拍數: 32 編數: Improver WCS

編舞者: Christina Yang (KOR) - May 2019

音樂: LA Girls - Charlie Puth



#### Start the dance after 16 counts

## SECTION 1: HIP BUMP, FORWARD, 1/4 TURN TO R WITH HIP BUMP, 1/4 TURN TO R WITH BACKWARD, COASTER STEP, 2 TIMES OF FORWARD WALKS,

RF forward and Push your weight strongly to R hip, recover weight to L hip, RF forward 1/4 turn to R with push your weight strongly to L hip, recover weight to R hip, 1/4 turn to R

with LF backward

5&6 RF backward, LF closed RF, RF forward

7-8 LF forward, RF forward

### SECTION 2: FORWARD ROCK, RECOVER WITH SWEEP, SAILOR STEP, SAILOR STEP, 1/4 TURN TO L WITH COASTER STEP

1-2 LF forward rock, RF recover and LF sweep from front to back

LF cross behind RF, RF side rock, LF recover (facing to R diagonal direction)
RF cross behind LF, LF side rock, RF recover (facing to L diagonal direction)

7&8 1/4 turn to L with LF backward, RF closed LF, LF forward

### SECTION 3: FORWARD, JAZZ BOX, CROSS, SIDE ROCK, RECOVER, CROSS, 1/4 TURN TO R WITH FORWARD, FORWARD

1-2 RF forward, LF cross over RF

3&4 RF backward, LF side, RF cross over LF

5-6 LF side rock, RF recover

7&8 LF cross behind RF, 1/4 turn to R with RF forward, LF forward

# SECTION 4: SYNCOPATED ROCKING CHAIR, FORWARD ROCK, BACKWARD SWIVEL, BACKWARD SWIVEL. COASTER STEP

1-2& RF forward rock, LF recover, RF backward rock

3-4 LF recover, RF forward rock

5-6 LF recover and L heel swivel to L side, RF back and R heel swivel to R side

7&8 LF backward, RF closed LF, LF forward

#### **RESTARTS:-**

On the 3rd wall, you will dance to 16 counts and start again On the 7th wall, you will dance to 4 counts and start again

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