

Sexual Healing

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Beginner
編舞者: Amy Christian (USA) - May 2019
音樂: Sexual Healing - Marvin Gaye



Intro: 16 Count.

SIDE, TOUCH, SIDE SHUFFLE, SIDE, TOUCH, SIDE SHUFFLE,

1-2 Big step to right side - dragging L, Touch L next to R (Clap by right shoulder),
3&4 (Side Shuffle) – Step L to left side, Step R next to L, Step L to left side,
5-6 Big step to right side - dragging L, Touch L next to R (Clap by right shoulder),
7&8 (Side Shuffle) – Step L to left side, Step R next to L, Step L to left side,

SIDE, TOGETHER, ¼ SHUFFLE, SIDE, TOGETHER, SIDE SHUFFLE,

1-2 Step R to right side, Step L next to R,
3&4 (1/4 Shuffle) – Step R to right side, Step L next to R, ¼ turn right - stepping fwd on R, [3:00]
5-6 Step L to left side, Step R next to L,
7&8 (Side Shuffle) – Step L to left side, Step R next to L, Step L to L side,

PIVOT ½ , FORWARD SHUFFLE, PIVOT ½ , FORWARD SHUFFLE,

1-2 Step fwd on R, Pivot ½ turning left – Stepping fwd on L, [9:00]
3&4 Step fwd on R, Step L next to R, Step fwd on R,
5-6 Step fwd on L, Pivot ½ turn right – Stepping fwd on R, [3:00]
7&8 Step fwd on L, Step R next to L, Step fwd on L,

SIDE, TOGETHER, ¼ SHUFFLE, BUMP L, BUMP R, DOUBLE BUMP L,

1-2 Step R to right side, Step L next to R,
3&4 (1/4 Shuffle) – Step R to right side, Step L next to R, ¼ turn right - stepping fwd on R, [6:00]
5-6 Step L out to left side as you Bump L, Bump R,
7&8 Double Bump to left side, (weight is on L),

Start over!

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