

# Lonely, Heartbroken or Hungover

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lesley Stewart (SCO) & Rep Ghazali (SCO) - May 2019  
音樂: Beer Can't Fix (feat. Jon Pardi) - Thomas Rhett



#32 count intro, music available from iTunes and Amazon

Restarts:

\*1st restart - dance up to count 24 on wall 1 (restart facing 9 o'clock)

\*\*2nd restart - dance up to count 16 on wall 5 (restart facing 6 o'clock)

\*\*\*3rd restart - dance up to count 24 on wall 9 (restart facing 3 o'clock)

Sequence: 24, 32, 32, 32, 16, 32, 32, 32, 24, 32, 32, 24

[01-08] L CROSS-1/8 TURNR SIDE, L SHUFFLE BACK, R ROCK BACK-RECOVER, R SHUFFLE ½ TURN

1-2            cross Left over Right, 1/8 turn Left step Right to Right side (10.30)

3&4            step back Left, step Right together, step back Left (10.30)

5-6            rock back Right, recover on Left (10.30)

7&8            ¼ turn Left by stepping Right to Right side, step Left together, ¼ turn Left by stepping back on Right (4.30)

[09-16] L SIDE ROCK-RECOVER, L CROSS-¼ TURN HITCH, WALK-WALK, R SHUFFLE FWD

1-2            side rock Left (squaring to 3 o'clock wall), recover on Right (3)

3-4            cross Left over Right, ¼ turn Left hitch up on Right (12)

5-6            walk forward Right, walk forward Left

7&8            step forward Right, step Left together, step forward Right (12)

Restart: 5th wall

[17-24] L ROCK FWD-RECOVER, L & R SHUFFLE ½ TURN, L ¼ TURN-R TOUCH

1-2            rock forward Left, recover on Right

3&4            ¼ turn Left stepping Left to Left, step Right together, ¼ turn Left stepping forward Left (6)

5&6            ¼ turn Left stepping Right to Right, step Left together, ¼ turn Left stepping back Right (12)

7-8            ¼ turn Left stepping Left to Left, touch Right together (9)

Restarts: 1st and 9th wall (change weight to Right on count & to restart)

[25-32] R & L TOE SIDE SWITCHES, R & L HEEL FWD SWITCHES, R ¼ TURN-L TOUCH, L ¼ TURN-R TOUCH-R TOG

1&2&            point Right to Right, step Right together, point Left to Left, step Left together

3&4&            touch Right heel forward, step Right together, touch Left heel forward, step Left together

5-6            ¼ turn Left stepping Right to Right, touch Left together (6)

7-8&            ¼ turn Left stepping forward Left, touch Right together, step Right together (3)