No Me Molestes Mas

拍數: 32

級數: Beginner

編舞者: Montse Garres (ES) - April 2019

音樂: No Me Molestes Más by David Eron

Stepsheet & Traslation by: Miguel Ángel Sanjuán "Wild West LD & CWD"

[1 – 8]: ROCK CROSS L, ROCK CROSS R, POINT SIDE R, CHASSE R

- 1 2Step RF crossing in front of the LF, recover RF along LR
- 3 4Step LF crossing in front of RF, recover LF next RF
- 5 6Mark Point RF to R, recover RF along LR
- 7 8 Step RF to R, step LF together R, Step RF to R

[9-16]: ROCK CROSS R, ROCK CROSS L, POINT SIDE L, CHASSE L

- 9 10 Step LF crossing in front of RF, recover LF next RF
- 11 12 Step RF crossing in front of the LF, recover RF along LR
- 13 14Mark point LR Side to the L, return LR to R
- 15 16Step LF to L, step RF together LF, step LF to L.

[17-24]: ¼ TURN L CHASSE R, ¼ TURN L CHASSE L, ¼ TURN L CHASSE R, ¼ TURN L CHASSE R

- 17 18 1/4 turn to the L, step RF to the R, step LF to the R, step RF to the R.
- 19 20 1/4 turn to the L, step LF to the L, step RF next to the L, step LF to the L.
- 21 22 1/4 turn to the L, step RF to the R, step LF to the R, step RF to the R.
- 23 24 1/4 turn to the L, step LF to the L, step RF next to the L, step LF to the L.

[25-32]: DIAGONALLY FWD SHUFFLE R, DIAGONALLY FWD SHUFFLE L, DIAGONALLY BACK SHUFFLE R, DIAGONALLY BACK SHUFFLE L.

- 25 & 26 Diagonally step fwd in RF, step LF next RF, step RF fwd
- 27 & 28 Diagonally step fwd LF, step RF together left foot, step LF fwd
- 29 & 30 Diagonally step back RF, step LF next RF, step RF fwd
- 31 & 32 Diagonally step back LF, step RF together LF, step LF fwd

REPEAT

Enjoy & Have Fun!!!!!

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牆數: 4